

POOL RULES

Pool employee interpretation of rules shall be final.

- Entrance is denied to:
 - Children under 7 without an adult within arms reach at all times
 - Children under 4 without a swim diaper
 - Persons under the influence of alcohol or narcotics
 - Persons with colds, cough, and open wounds.
- Please check in all valuables with clerk.
- All patrons must either wear swim trunks with drawstring and netting or a bathing suit. No basketball shorts, underwear or gym clothes.
- No shirts allowed on deck or in the water. (No white rash guards are allowed.)
- Smoking is prohibited.
- Soap showers must be taken before entering the water.
- Foul or derogatory language will not be tolerated.
- No eating or drinking on deck. Only water or sports drinks in non-breakable containers.
- No running on deck
- No diving in shallow water
- No climbing, jumping or sitting on guard towers.
- No hypoxic training (extreme breath holding)
- All patrons who wish to enter deep water must pass a swim test per visit to facility.
- Kickboards and pool buoys are provided only during lap swim hours.
- **Do not interfere with a lifeguard rescue.**

LESSON

Preschool Aquatics

Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

Water Confidence (Level 1)

Introduction to water safety and acclimation. Floating in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on their own.

Beginner (Level 2)

Participants learn alternating skills including combined arm and leg actions on front and back and swimming in chest-deep water.

Advanced Beginner (Level 3)

Participants learn advanced skills, dolphin and scissor kicks, rotary breathing, and progressive skills leading to diving, freestyle and elementary backstroke.

Intermediate (Level 4)

Refine freestyle and elementary backstroke. Introduction to backstroke, breaststroke, sidestroke and butterfly. Turns and surface dives are also introduced.

Swimmer (Level 5)

Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool, refine performance of all six swimming strokes.

FEES & HOURS

Fees

Youth (17 & Under): \$1.00
 Adults (18-49): \$4.00
 Adults 50+: \$1.00
 Persons with Disabilities: \$1.00

Adult Lap Pass - \$88.00 for 30 Admissions
 Admission Pass - \$25.00 for 30 Admissions
 (Admission Pass for Persons w/ Disabilities and Adults 50+)

Adult Lap Swim

Monday & Friday
 6 pm - 8 pm*
 *Limited lanes available

Saturday & Sunday
 1 pm - 5 pm*
 *Limited lanes available

Recreational Swim

Monday - Friday
 5 pm - 8 pm

Saturday - Sunday
 1 pm - 5 pm

Holiday Closures

MLK Day	
Mon Jan 20, 2025.....	Closed
Presidents Day	
Mon, Feb 17, 2025.....	Closed
Cesar Chavez Day	
Mon, March 31, 2025.....	Closed
Memorial Day	
Mon, May 26, 2025.....	Closed
Juneteenth	
Thur, June 19, 2025.....	Closed

CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

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YOSEMITE POOL 2025



Contact us at:

(323)226-1668

yosemite.pool@lacity.org

laparks.org/aquatic/year-round/yosemite-pool



WINTER-SPRING

JANUARY 1ST - JUNE 7TH

1840 Yosemite Dr. Los Angeles CA, 90041

@Yosemiteparkpool.lacityparks



TEAM SPORTS

Team Registration:

Saturday, November 9th 2024 at 9am

Age 7- 17:

Age verification is required and must be on file before the first meet or the participant will not be allowed to compete.

USA Swim Team: Tue-Fri

Dry-Land Workout: 5:00 pm - 5:30 pm

Swim Training: 5:30 pm - 6:30 pm

Cost: \$10

Artistic Swim: Tue/Thu

Swim Training: 5:00 pm - 7:00 pm

Cost: \$10

Novice Water Polo: Wed/Fri

Dry-Land Workout: 6:00 pm - 6:30 pm

Swim Training: 6:30 pm - 8:00 pm

Cost: \$10

GROUP LESSONS Weekdays

Youth Lessons - Tuesday & Thursday

Tiny Tots	5:00 pm - 5:25 pm
WaterConfidence	5:30 pm - 5:55 pm
Beginner	6:00 pm - 6:25 pm
Adaptive	6:30 pm - 6:55 pm
Adult	7:00 pm - 7:25 pm

Youth Lessons - Wednesday & Friday

Beginner	5:00 pm - 5:30 pm
Adv. Beginner	5:30 pm - 5:55 pm
Intermediate	6:00 pm - 6:30 pm
Tiny Tots	6:30 pm - 6:55 pm
Swimmer	7:00 pm - 7:30 pm

**Swim Lessons are subject to change*

**A swim assessment is required if the participant is 7 years of age or older. Swim Lessons begin at age 3.*

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability, and upon request, will provide reasonable accommodation to ensure equal access to its programs, services, and activities.

SESSION & REGISTRATION DATES

Registration Dates

Session 1	January 4
Session 2	February 1
Session 3	March 1
Session 4	March 29
Session 5	April 26

Session Dates

Session 1	January 4 - January 31
Session 2	February 1 - February 28
Session 3	March 1 - March 28
Session 4	March 29 - April 25
Session 5	April 26 - May 23

Kayak & Standup Paddleboard

Registration Dates

Session 1 & 2	January 4
Session 3	February 1
Session 4	March 1
Session 5	March 29

Saturdays 9am-2pm at Hansen Dam

Session 1	January 11- February 1
Session 2	February 8 - March 1
Session 3	March 8 - March 29
Session 4	April 5 - April 26
Session 5	May 3 - May 24

LESSONS

Tiny Tots Class - \$80

Youth Group Lessons - \$67

Adult Group Lessons - \$67

All lessons are on a first come, first served basis and scheduled based on staffing availability.

- No telephone registration.
- Fees must be paid at the time of registration.
- Checks payable to: City of L.A. Dept. of Rec. & Parks
- No refunds will be approved unless a series is cancelled.
- No refunds will be approved unless a series is cancelled; all refunds will be given an administration fee of 10%.
- All children under the age of 7, must be accompanied by an adult parent/guardian while on the premises and in the water.

PRIVATE LESSONS

Saturdays & Sundays 1:00pm - 4:30pm

**Scheduled based on staffing availability.*

**See pool clerk for availability*

**In person registration ONLY*

Private (8 Lessons) - \$216.00

Semi-Private (8 Lessons) - \$320.00

Aqua Fit-High Impact

Practice: Tuesday /Thursday: 7:00 pm or
Wednesday/Friday 7:00 pm

Cost: \$55 series, or \$6 per class (Adults 18-49)
\$45 series, or \$5 per class (Adults 50+)

This high impact class is a calorie burning workout that utilizes muscular, cardiovascular, and aerobic conditioning. This fun exercise will help with strengthening and toning.

