



# City of Los Angeles Department of Recreation & Parks

5858 Shoup Ave. Woodland Hills, CA 91367 [woodlandhills.recreationcenter@lacity.org](mailto:woodlandhills.recreationcenter@lacity.org)

# Woodland Hills Recreation Center Spring 2025

Online Registration begins March 4th at 10 AM  
Classes begin Tuesday, April 1st  
9 week program (unless otherwise noted)

*Park Proud- LA!*

*Classes and programs in this brochure may be subject to change or cancellation*

# Facility Information

## OFFICE HOURS

MONDAY-FRIDAY 9:00am -9:00pm

SATURDAY 9:00am - 5:00pm

SUNDAY- CLOSED

## IMPORTANT PHONE NUMBERS

### WOODLAND HILLS

#### RECREATION CENTER

Main Office 818-883-9370

### WOODLAND HILLS POOL

Main Office 818-704-1509

Aquatics Department

323-906-7953

### OTHER NUMBERS

Valley Region Office 818-756-8060

Park Film Office 323-644-6220

Non-emergency LAPD 877-275-5273

LA City Fire Station #105 818-756-8605

Valley Cultural Center 818-704-1358

Municipal Sports Office 818-765-0284

City of LA Information 3-1-1

City of LA Tax ID #95-6000735

*"Achieving Gender Equality Through a Continuous Commitment to Girls and Women in Sports."*

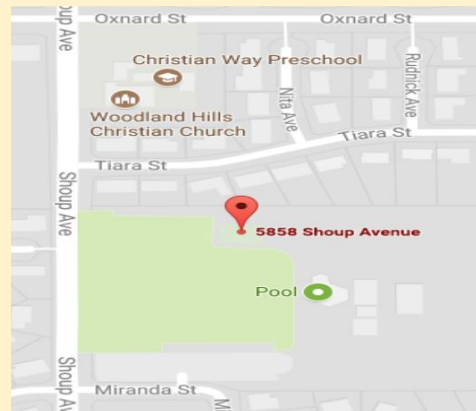
## HOLIDAYS (CLOSED)

March 31

Cesar Chavez Day

May 26

Memorial Day



## REFUND POLICY

Full refunds are only issued when the center cancels the activity. **No refunds will be issued one week prior to PROGRAM start date.** A 15% cancellation fee is assessed for all refunds, changes, or transfers. Classes, sports leagues, or camp registration will require a \$35 fee depending when refund request is submitted to the facility Director in writing. No refund for fee waived classes

Persons with disabilities are welcome to participate in our classes and programs.

Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.

**Section 63.44 Los Angeles Municipal Code prohibits drinking alcohol, gambling, littering, amplified sound, unleashed dogs and smoking.**

## FACILITY PERMITS

Currently, we are not renting out our gym, fields, or rooms at this time. Please feel free to check back with us in the future.

## OPEN GYM HOURS

Open GYM TBD

## WARNER CENTER INFO

Reservation for Warner Center Park are handled at our Region Office. Contact the permit office at (818) 756-8187 or send a proposal to the address listed below to schedule an event.  
City of Los Angeles Recreation and Parks -  
Valley Region Attn: Permits 6335 Woodley Ave, Van Nuys, CA 91406

For Concerts In the Park, please contact:  
Valley Cultural Foundation (818) 704-1358

# Class Information

## Spring 2025 CLASSES : Tuesday, April 1, 2025 - Monday, June 2, 2025

UNLESS OTHERWISE NOTED

- Neither the City of Los Angeles nor Woodland Hills Recreation Center carries insurance or assumes any liability. Patrons must carry their own insurance coverage.
- You are responsible for your child; please do not leave your child unattended at the park.
- The classes and programs in the brochure may be subject to change or cancellation. Staff reserves the right to cancel or combine classes if the minimum enrollment is not met.
- Students must meet the age requirements by the session start date. Staff reserves the right to require proof of age at any time, and may remove a student from a class if the student is not the appropriate age and/or does not have the necessary level, maturity, or skill.
- Make-ups will not be scheduled when a class is missed by a student. No refunds and/or credits are given for classes missed by students. Makeups for classes cancelled by the instructor will be scheduled at the end of the session.

### PLAYLA SPRING SPORTS AND FITNESS PROGRAMS

PlayLA Youth and Adaptive Youth Sports Program is made possible by LA28 Olympic and Paralympic Games. Waivers available for those who qualify, ask for details. (Waiver located online at time of check out) Additional information is needed to qualify for fee waived programs.

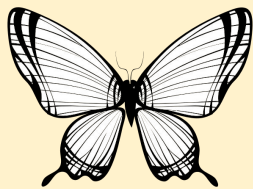
#### LOCATION

**Spring classes** will be held at Woodland Hills Recreation Center- 5858 Shoup Ave Woodland Hills  
**Tennis classes** will be held at Knapp Ranch Park 25000 Kittridge St. West Hills

#### PAYMENT

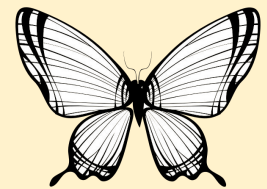
Payment must be made in full at the time of registration. Payment may be made by Visa, or MasterCard. Class fees will **not** be prorated. Payments will be made online only. Please refer to the directions below on how to make an account and pay for your activities. Payment must be accompanied by a class/program registration form to be complete.

## Registration Information



### ONLINE REGISTRATION

Begins: March 4, 2025 at 10:00 am  
Ends: March 24, 2025 at 10:00 am  
**Or until classes are full**



#### STEP ONE

##### Create a Household Account (New Accounts)

1. Visit [reg.laparks.org](http://reg.laparks.org)
2. Click on "Sign in" This will open a new window
3. Click on "Don't have an account? Sign up Now"
4. Fill out the new page, keeping in mind that this is your information, not your child's. You may pick your own username and password. All red fields are mandatory.

**Note: If you are an adult and are not comfortable with entering your birthday, make one up. Make sure it's a reasonable age if you are planning on registering for an adult activity.**

5. If you plan on registering your children, spouse, or others using this system, click "Add New Member" at the bottom of the page.
6. Fill out the "Additional Family Member" section and repeat as necessary. When you are done, click "Save" or "Add New Contact" to add an emergency contact.
7. If you would like to add an emergency contact, click on "Add New Contact."
8. When you are done, click "Save" at the bottom of the page. You will automatically be logged in and redirected to the main page. Follow the instructions in STEP TWO beginning with #4.

#### STEP TWO

##### Register for an Activity at Woodland Hills

1. Visit [www.laparks.org/recenter/woodland-hills](http://www.laparks.org/recenter/woodland-hills)
  2. Click on "Register Now"
  3. "Log-In" at the top of the screen
    - A. If you do not have an account, please click "to register for a new account" and follow the instructions under STEP ONE
    - B. If you have an account but have not created your own username, your household number is your username.
    - C. Your password is your last name. You will be able to change this password after your first log in.
  4. Once logged in, click on "Search" at the top of the page then "Register for an Activity."
- Note: Please remember that online registration is limited to certain programs and activities.**
5. Click on "Activity Search Criteria" and select Woodland Hills RC as your location. Then click the search button.
  6. Scroll through the list of activities.
  7. Click on the "+" sign to add an activity to your cart.
  8. Once all activities are added, continue until "proceed to checkout" Follow the steps for payment. Once payment is processed, you will be enrolled in the activity.



## Early Learners - Ages 3 - 5

### Tues/Weds/Thurs 9:00 am-1:00 pm

### REGISTRATION JUNE 10TH WALK IN ONLY

This interactive class introduces children to basic language and math skills through engaging activities like coloring, painting, singing, crafts, and story time. They will learn the alphabet, spelling, writing, reading, and word recognition, as well as essential concepts like addition, money, and time. Instruction also covers writing names, birthdays, addresses, and phone numbers. Emphasizing fun and a pressure-free environment, the class fosters confidence, independence, and social development while encouraging self-reliance and hands-on learning.

**Staff ratio 1:8**

**CHILD MUST BE POTTY TRAINED (NO EXCEPTIONS!) and able to participate in group activities.**  
 Bring lunch, snack & a water bottle each day unless otherwise noted. Inform instructor of any food intolerance.

**School year runs August 19, 2025- May 28, 2026**

**PAYMENT:** Payments for Early Learners must be paid by the date listed on the payment calendar to hold your spot.

**A payment of \$360 will be due each month\*. See payment calendar below.**

Monthly installments are applied towards the full tuition.  
 No payment will be due for the month of December

A \$25 late fee will apply for failure to pay on time. No exceptions.

**A non-refundable \$50 registration fee + 1st month payment is due at the time of registration.**

**\*Payment is NOT monthly, rather it is broken up into monthly payments for your convenience**

MONTH	August	September	October	November	December	January	February	March	April	May
DUE	Time of Registering	Sept. 15	Oct. 15	Nov. 15	No Payment	Jan. 15	Feb. 15	March 15	April 15	May 15
Amount	\$180+\$50 ..	\$360	\$360	\$360	\$0	\$360	\$360	\$360	\$360	\$360

For an additional day of Early Learners program add Kids in Action  
 Mondays from 9:00 am -1:00 pm

*All classes and programs are subject to change*





# Kids in Action

**Kids in Action**

**Ages: 3-5**

**Monday**

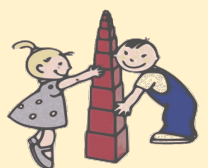
**9:00 am - 1:00 pm**

This year round class will help your child develop the fundamental building blocks needed for Pre-School. Children will have circle time, do **arts & crafts, music, movement, science, cooking, and more.** They will also work on their academics in this class. This is a drop-off class for your child to learn their new independence. If your child has never been away from you this is a great class for them to begin that transition. If you are enrolled in our Early Learners Program this is a great opportunity to get an extra day of fun for your child.

**Please bring a lunch and water for your child Child must be toilet trained.**

Month	Dates	NO CLASS	Payment due	Price
August	8/18, 8/25	—	8/11	\$50
September	9/8, 9/15, 9/22, 9/29	9/1	8/25	\$100
October	10/6, 10/20, 10/27	10/13	9/29	\$75
November	11/3, 11/10, 11/17	11/24	10/27	\$75
December	12/1, 12/8, 12/15	12/22, 12/29	11/17	\$75
January	1/5, 1/12, 1/26	1/19	12/15	\$75
February	2/2, 2/9, 2/23	2/16	1/26	\$75
March	3/2, 3/9, 3/16, 3/23	3/30	2/23	\$100
April	4/6, 4/13, 4/20, 4/27	—	3/23	\$100
May	5/4, 5/11, 5/18	5/25	4/27	\$75
June and July Check out our Camp Little Twigs				

**For an additional time enroll in our Early Learners program  
Tuesday-Thursday from 9:00 am -1:00 pm**



*All classes and programs are subject to change*



# Cinema Arts



<b>Film Class</b>	<b>Ages 7-15</b>	Eric Morgan Stuart	\$145
Monday	4:30 - 6:00 pm	April 7 - June 2	(8 weeks) <b>*No Class 5/26</b>

This class is loads of fun & our students learn how to make short films of all kinds, from silent films to commercials and everything in between. They will learn how to create a production company, film and create content that will then be uploaded to our Woodland Hills Rec Films youtube channel! Your young artist will get hands on experience in writing, producing and acting with small groups in the class! Reading, writing and memorization skills are a must.

\*Please note all films **WILL ONLY** be available to view on our **private youtube channel**. Parents will be asked to sign a media agreement on the first day of class. Please do not sign up if you are not interested or comfortable with your child being on our private youtube channel.

# Parent and Me

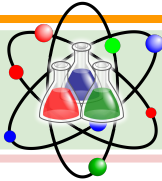


<b>Parent and Me Crafts</b>	<b>Ages 1 ½ -2 ½</b>	Julie Fischer	\$140
Friday	9:30 - 10:30 am	April 4- May 30	(8 weeks) <b>*No Class 5/16</b>
<b>Parent and Me Crafts</b>	<b>Ages 2-3</b>	Julie Fischer	\$140
Friday	10:45 - 11:45 am	April 4- May 30	(8 weeks) <b>*No Class 5/16</b>

Come and join our Parent and Me Crafts hands on project based class where you can socialize with other parents while creating a strong bond with your child.



# Wide World of Science



<b>Wide World of Science</b>	<b>Ages 6-12</b>	Rachael B. DeLeon	\$120
Wednesday	3:30 - 4:30 pm	April 2- May 28	(9 weeks)

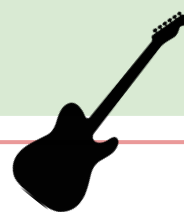
Each week we will get together and explore a new and different part of science, including: Astronomy, Physics, Biology, Earth Science, Chemistry, and many other areas. With a blend of lessons including detailed, up to date instruction with lots of pictures, and of course hands on experiments where the junior scientists gets to live the experiment before returning home to share the knowledge with their family. Each session offers all new lessons, so junior scientists can keep building on their knowledge for years to come.



# Adult Stretch Lab

<b>Adult Stretch Lab</b>	<b>Ages 18+</b>	Taline Babalians	\$110
Monday	5:30 - 6:30 pm	April 7 - June 2	(8 weeks) <b>*No Class 5/26</b>

Relax, unwind, and improve flexibility in our Adult Stretch Lab, designed for all fitness levels. This class focuses on gentle, full-body stretching to enhance mobility, reduce tension, and promote overall well-being. You will benefit from this class from increased flexibility, and range of motion, improved posture and body awareness, stress relief, and relaxation as well as gentle strength and balance exercises. Join us and feel better, move better, and embrace a healthier you.



## Piano or Guitar - Individual Private Lessons

Private 30 minute lessons instructed by Rachael. Our instructor has taught both instruments for over 10 years.

Piano students **MUST** provide a folder with lined paper and a pencil with an eraser.

Guitar students **MUST** provide Mel Bay Modern Guitar Method Grade 1. (This book can be found on Amazon.) As well as their **OWN** guitar.

**Wednesday, April 2 - May 28**      Ages 6 - Adult      \$190 (9 weeks)

~4:30 - 5:00 PM	~5:00 - 5:30 PM	~5:30 - 6:00 PM	~6:00 - 6:30 PM
~6:30 - 7:00 PM	~7:00 - 7:30 PM	~7:30 - 8:00 PM	~8:00 - 8:30 PM

**Thursday, April 3 - May 29**      Ages 6 - Adult      \$190 (9 weeks)

~1:00 - 1:30 PM	~1:30 - 2:00 PM	~2:00 - 2:30 PM	~2:30 - 3:00 PM
~3:00 - 3:30 PM	~3:30 - 4:00 PM	~4:00 - 4:30 PM	~4:30 - 5:00 PM
~5:00 - 5:30 PM	~5:30 - 6:00 PM	~6:00 - 6:30 PM	~6:30 - 7:00 PM
~7:00 - 7:30 PM	~7:30 - 8:00 PM	~8:00 - 8:30 PM	

**NEW!**

<b>Drums</b>	<b>Ages 12-Adults</b>	Jeremy Manning	\$150
Monday	6:15 - 7:15 pm	April 7 - June 2	(8 weeks) <b>*No Class 5/26</b>

Discover the fundamentals of drumming in this engaging and hands-on beginner's class! Whether you're brand new to drumming or looking to build a solid foundation, this course will introduce you to essential techniques, rhythms, and coordination exercises. You'll learn basic stick control, simple beats, and how to play along with music. No prior experience is needed—just bring your enthusiasm and get ready to groove! Drums and sticks will be provided.

## Dance



<b>Baby Ballet</b>	<b>Ages 3-4</b>	Taline Babalians	\$120
Saturday	1:30 - 2:15 pm	April 5 - May 31	(9 weeks)
<b>Beginning Ballet</b>	<b>Ages 5-7</b>	Taline Babalians	\$120
Saturday	2:15 - 3:15 pm	April 5 - May 31	(9 weeks)
<b>Beginning Ballet</b>	<b>Ages 8-10</b>	Taline Babalians	\$120
Saturday	3:15 - 4:15 pm	April 5 - May 31	(9 weeks)

Discover the beauty and grace of ballet in our **Beginner Ballet** class designed for your dancer with little to no prior dance experience. This course introduces fundamental ballet techniques, posture, and movement in a welcoming and supportive environment. Join us and experience the joy of movement while building strength, confidence, and grace.

### Dress Requirements

**All female students are required to wear leotard and tights to class.  
Males must wear black pants and a white shirt. Ballet shoes are required.**

## Drawing and Painting

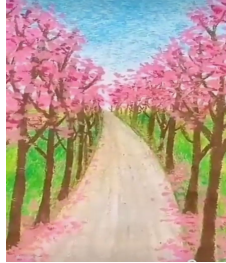
Tuesday **Ages 6-12** Mimi Mehrdad \$135  
2:30 - 3:30 pm April 1 - May 27 (9 weeks)

In this art course we will be experimenting with colors and shapes. We will use a variety of mediums such as oil pastels, watercolors and more.

### PLEASE WEAR SOMETHING YOU DON'T MIND GETTING DIRTY



Rona 9 years old



## Icky Sticky Fun Art

Wednesday **Ages 4-8** Addisyn Ponce \$110  
3:30 - 4:30 pm April 2 - May 28 (9 weeks)

## Icky Sticky Fun Art

Wednesday **Ages 6-10** Addisyn Ponce \$110  
4:30 - 5:30 pm April 2 - May 28 (9 weeks)



In this imaginative and hands-on class, young artists will dive into a world where creativity meets gooey, sticky fun! Imagine paint that feels like squishy slime and textures that make you giggle with delight. We'll explore a variety of messy materials like glitter glue, fluffy cotton balls, and even spaghetti (yes, spaghetti!) to create unique masterpieces.

From finger painting with pudding to making sculptures with marshmallows, every project promises to be a sticky adventure. Kids will learn to embrace the mess as they mix colors, experiment with different textures, and let their imaginations run wild.

Join us for a class where art isn't just about what you see—it's about what you feel, touch, and even taste (okay, maybe just a little)! Get ready to get messy, get creative, and have a blast in our Icky Sticky Fun Art Class!



### Dress for Mess!

## Cartooning

Tuesday **Ages 8-13** Mark Silverman \$120  
3:00 - 4:00 pm April 1 - May 27 (9 weeks)

## Cartooning

Tuesday **Ages 8-13** Mark Silverman \$120  
4:00 - 5:00 pm April 1 - May 27 (9 weeks)

**About our Instructor:** Mark Silverman has loved to draw all his life. He has been teaching children how to draw cartoon characters for 25 years using easy step by step methods. In Mark's class he will teach the students how to draw everything from jungle animals, dinosaurs, and even Disney characters to a variety of fantasy creatures. Mark is also a professional voice actor and his voices can be heard in Disney Parks around the world.



### CLASS REQUIREMENTS: DRAWING PAD AND COLORED PENCILS







# Pickleball



## **TUESDAY: APRIL 1 - MAY 27 (8 weeks) \*No Class May 6**

<b>Intermediate Pickleball</b>	<b>Ages 18+</b>	<b>9:00-10:30 am</b>	<b>\$190</b>
<b>Advanced Beginner Pickleball</b>	<b>Ages 18+</b>	<b>10:30-11:30 am</b>	<b>\$130</b>
<b>Absolute Beginner Pickleball</b>	<b>Ages 18+</b>	<b>11:30-12:30 pm</b>	<b>\$130</b>

## **WEDNESDAY: APRIL 2 - MAY 21 (8 weeks)**

<b>Pickleball 3.0 (APPROVAL ONLY)</b>	<b>Ages 16+</b>	<b>9:00-11:00 am</b>	<b>\$230</b>
<b>Pickleball 2.0</b>	<b>Ages 16+</b>	<b>11:00-12:00 pm</b>	<b>\$130</b>
<b>Pickleball 1.0</b>	<b>Ages 16+</b>	<b>12:00-1:00 pm</b>	<b>\$130</b>

Come join us for this fun sport! Pickleball is a paddle sport combining elements of tennis, badminton and ping-pong. Played with a hard paddle & perforated plastic ball.

**Dress Requirements: Comfortable clothing and athletic shoes required. Bring water.**

**WHAT TO BRING:** Students must bring their own paddle and an unopened pack of INDOOR pickleballs (ANY BRAND)



**APPROVAL ONLY CLASS IS WALK IN ONLY WITH PROOF OF APPROVAL**



## **Pickleball Skill Level**

**Pickleball 1.0/ Absolute Beginners:** This is the class for people who never played a racket sport. This class will build hand eye coordination, basic racket skills, and teach the essential rules for pickleball. If you have a lot of experience playing tennis or racquetball, this class is NOT for you.

**Pickleball 2.0/ Advanced Beginners:** Must have beginner pickleball experience OR extensive tennis/ racquetball/ badminton/ table tennis experience AND some familiarity with Pickleball rules. Ideally student will already play pickleball on a beginner level. For those who do not already play pickleball, they must commit to reviewing the basic rules and come prepared. NOT FOR BEGINNERS.

**Pickleball 3.0:** MUST have taken the intermediate pickleball class (pickleball 2.0). Competitive games and drills. MUST HAVE INSTRUCTOR'S APPROVAL TO TAKE.

**Intermediate Pickleball:** Competitive games and drills.



<b>Track &amp; Field</b>	<b>Ages 6-9</b>	Marvin Perkins	\$140
Monday	4:00 - 4:50 pm	April 7 - June 2	(7 weeks) <u>*No Class 5/12, 5/26</u>

<b>Track &amp; Field</b>	<b>Ages 10-15</b>	Marvin Perkins	\$140
Monday	5:00 - 5:50 pm	April 7 - June 2	(7 weeks) <u>*No Class 5/12, 5/26</u>

Run, Jump, Throw, and More! Build a strong foundation of athletic and motivational skills. Help develop coordination, agility, speed and strength. Proper sprinting mechanics, parachute drills, ladder drills, and hurdle drills. This class will build strength & motivation for all sports.

**Dress Requirements**

Comfortable clothing, shoes with traction required. Bring a bottle of water.

<b>Yoga Kids</b>	<b>Ages 5-17</b>	Rose Zahedi	\$120
Wednesday	4:30 - 5:30 pm	April 2 - May 28	(9 weeks)

<b>Yoga</b>	<b>Ages 18+</b>	Rose Zahedi	\$120
Wednesday	5:30 - 6:30 pm	April 2 - May 28	(9 weeks)



Our Yoga instructor Rose, has taught Yoga for well over 12 years. She has in-depth knowledge of Yoga poses and modifications, including but not limited to Hatha yoga, Ashtanga Vinyasa flow, power yoga, Sivananda, and Yin Yoga. She includes stress management, breathing techniques, retention, and meditation in her teaching.



**Dress Requirements**

Comfortable clothing and yoga mat.

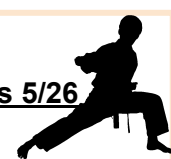
<b>Karate Beg/Int.</b>	<b>Ages 4-8</b>	Ray Taheri	\$115
Monday	6:40-7:40 pm	April 7 - June 2	(8 weeks) <u>*No Class 5/26</u>

<b>Karate Beg/Int.</b>	<b>Ages 4-9</b>	Ray Taheri	\$140
Thursday	5:10-6:10 pm	April 3 - May 29	(9 weeks)

<b>Karate Intermediate</b>	<b>Ages 7-13</b>	Ray Taheri	\$140
Thursday	6:15 - 7:15 pm	April 3 - May 29	(9 weeks)

<b>Karate Intermediate</b>	<b>Ages 6-Adult</b>	Ray Taheri	\$140
Friday	6:00 - 7:00 pm	April 4 - May 30	(9 weeks)

<b>Karate Beg/Int.</b>	<b>Ages 4-8</b>	Ray Taheri	\$140
Saturday	12:15 - 1:15 pm	April 5 - May 31	(9 weeks)



Our Shotokan Sensei, Ray Taheri, is a fourth degree black belt with more than 48 years teaching experience with children and adults. Classes will teach and build concentration, discipline, and respect along with self-confidence, and flexibility.



**Dress Requirements**

Comfortable clothing and athletic shoes required. Karate Gi is available from the instructor.



# Tennis Skill Levels



**Little Rackets I: Introduction (4-6 YRS)** This class is for 4-6 year olds, new to tennis. It will primarily focus on contact points for volleys and forehand and backhand strokes. It is the basic foundations for hand-eye coordination.

**Little Rackets II: Intermediate (4-6 YRS)** This class focuses its attention to movement on the court as well as the combination of forehands and backhands. This class is for 4-6 year olds that have completed Little Rackets one or bring similar skill sets.

**Little Rackets III: Advanced (4-6 YRS)** This class is for our ADVANCED players. This class is for 4-6 year olds that have completed Little Rackets TWO or bring similar skill sets.

**Racketeers I: (7-8 YRS)** This player has minimal or no knowledge of tennis. We recommend this class where this is the first experience with tennis. Basic forehand, backhand, volleys, and the serve will be taught.

**Racketeers II: (7-8 YRS)** Must have successfully completed the Racketeers I session of tennis or have taken beginning classes before. This class will build on the basic strokes towards developing game play. Tennis terms and scoring are introduced.

**Ralliers I: (9-10 YRS)** This class is designed for the new player. Concentration will be on the basic strokes: forehand & backhand groundstrokes, net play, and serves. Focus is on technique and foot work.

**Ralliers II: (9-10 YRS)** This class will focus on consistency of play and adding control to all the basic ground strokes. Players will have more interactive play and learn the concept of match play.

**High Bouncers I: (10-12 YRS)** This class is for the older player with a limited knowledge of the basic strokes and of the rules of tennis. Together with instruction, drills, and limited game play, the players are guided towards the fundamentals of the game.

**High Bouncers II: (10-12 YRS)** Players are able to keep a rally going with fellow students. Players are also learning and playing singles and doubles with an introduction to tactics.

**Match Play I: (11-15 YRS)** This class is for the intermediate to advanced player. Each week the drills will emphasize one particular stroke to give the player a chance to hone their skills on the court.

**Match Play II: (11-15 YRS)** This class is for the intermediate to advanced player. Each week the drills will emphasize one particular stroke to give the player a chance to hone their skills on the court with an introduction to strategy.

**Teen Tennis: (12-15 YRS)** The emphasis will be on rules of the game, singles and doubles strategy, and improving an all court game.

**High School Tennis Prep: (13-17 YRS)** This class will highlight the fundamentals needed to tryout and play for High School tennis ( does not guarantee your child will make their High School team). Proper technique, ground strokes, and play will be taught. As well as the rules, etiquette and protocol. Also apart of the curriculum will be tactics and strategy.

**Adult Beginners: (16+ YRS)** This class is designed to introduce the game to players with minimal or no knowledge of tennis. We will focus on basic strokes- forehand, backhand, volley and serve.

**Adult Intermediate: (16+ YRS)** This level focuses on the execution of tactics and Match Play situations. Such as Serve and Volley, Chip and Charge, and an introduction to hitting with spin and speed

**Advanced Double Round Robin: (16+ YRS)** This advanced class is all about doubles. We start with a warmup, then doubles play with strategies and formations. Having competitive fun and meeting new potential tennis partners at no extra charge.

**Groundstrokes: (9-10 YRS) PREREQUISITE RALLIERS I** In this class players will work specifically on forehands and backhands. No rallying in this class.

**All Strokes: (11-15 YRS) PREREQUISITE RALLIERS I** In this class players are introduced to serves, net play, rounding out their game.

**IN ORDER TO BE IN ANY CLASS THAT YOU DO NOT REACH THE AGE CRITERIA FOR YOU MUST GET TENNIS COORDINATORS APPROVAL ONLY**



# Tennis



**All tennis classes will be held at KNAPP RANCH PARK**  
25000 Kittridge Street in West Hills just off Valley Circle between Victory and Vanowen

## MONDAY: April 7 - May 12 (6 weeks)

Racketeers I	Ages 7-8	4:00-5:00 pm	Javier	\$115
Ralliers I	Ages 9-10	5:00-6:00 pm	Javier	\$115
High Bouncers I	Ages 10-12	6:00-7:00 pm	Javier	\$115
Match Play I	Ages 11-15	7:00-8:00 pm	Javier	\$115

## TUESDAY: April 1 - May 6 (6 weeks)

Little Rackets I	Ages 4-6	2:30-3:15 pm	JJ	\$105
Little Rackets II	Ages 4-6	3:30-4:15 pm	JJ	\$105
Little Rackets III	Ages 4-6	4:30-5:15 pm	JJ	\$105
Groundstrokes	Ages 9-10	5:30-6:30 pm	Marvin	\$115
All Strokes	Ages 11-15	6:30-7:30 pm	Marvin	\$115
Adult Beginners	Ages 16+	7:30-8:30 pm	Marvin	\$115

## WEDNESDAY: April 2 - May 7 (6 weeks)

Racketeers II	Ages 7-8	4:00-5:00 pm	Javier	\$115
Ralliers II	Ages 9-10	5:00-6:00 pm	Javier	\$115
High Bouncer II	Ages 10-12	6:00-7:00 pm	Javier	\$115
Match Play II	Ages 11-15	7:00-8:00 pm	Javier	\$115
Advanced Doubles Round Robin	Ages 16+	8:00-9:30 pm	Javier	\$135

## THURSDAY: April 3 - May 8 (6 weeks)

Little Rackets I	Ages 4-6	3:30-4:15 pm	JJ	\$105
Little Rackets II	Ages 4-6	4:30-5:15 pm	JJ	\$105
Little Rackets III	Ages 4-6	5:30-6:15 pm	JJ	\$105
Teen Tennis	Ages 12-15	6:00-7:00 pm	Nick	\$115
High School Tennis Prep	Ages 13-17	7:00-8:00 pm	Nick	\$115
Adult Intermediate	Ages 16+	8:00-9:30 pm	Nick	\$135

**Tennis students MUST bring their own tennis racket & one can of unopened Penn or Wilson tennis balls.**



- Parents/guardians may not sit on courts during youth lessons nor coach from the sidelines.
- Dress Requirements: Comfortable clothing and tennis shoes are required.
- Please bring a water bottle
- Please arrive and pick up on time for the class. Instructors are not responsible for your child once class ends.
- Please feel free to speak to the instructor about your child's progress.
- Students must bring their own tennis racket & one can of unopened Penn or Wilson tennis balls



# City of Los Angeles Department of Recreation & Parks Woodland Hills Recreation Center

5858 Shoup Ave, Woodland Hills, CA 91367

818-883-9370

[HTTPS://WWW.LAPARKS.ORG/RECCENTER/WOODLAND-HILLS](https://www.laparks.org/reccenter/woodland-hills)



**\*REGISTRATION FORM  
REQUIRED!**

ALL INFORMATION WILL BE SENT  
OUT TO REGISTERED EMAIL.

**FEE:  
\$180**

**VOLUNTEER COACHES NEEDED!**

# SPRING BASEBALL 2025

Division	AGES <small>*Age determined as of January 1, 2025</small>	EVAL DATE <small>*Will take place at Knapp Ranch Park.</small>
T-Ball	5-6	No Evals
Coach Pitch	7-8	March 13th - 4pm
Minors	9-10	March 13th - 5pm
Majors	11-12	March 13th - 6:30pm

**ONLINE REGISTRATION:  
FEBRUARY 11TH @10AM**

ALL REFUND REQUESTS WILL BE ASSESSED  
A 15% FEE. NO REFUNDS ISSUED ONCE  
EVALUATIONS TAKE PLACE.  
REFUNDS WILL NOT BE OFFERED FOR \$10  
ADJUSTED FEES.

### LEAGUE INFO

- PRACTICES WILL BEGIN IN MID/LATE MARCH.
- GAMES WILL BEGIN IN EARLY APRIL.
- GAMES WILL TAKE PLACE ON SATURDAYS.
- PRACTICES WILL BE DURING THE WEEK.
- ONLY SIBLINGS ARE GUARANTEED TO BE PLACED ON THE SAME TEAM.



\*PLAYLA YOUTH AND ADAPTIVE YOUTH SPORTS PROGRAM IS MADE POSSIBLE BY LA28 OLYMPIC AND PARALYMPIC GAMES. WAIVERS AVAILABLE FOR THOSE WHO QUALIFY, ASK FOR DETAILS. (WAIVER LOCATED ONLINE AT TIME OF CHECK OUT)





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**FEE:  
\$180**

**VOLUNTEER COACHES NEEDED!**

# SPRING SOCCER 2025

Division	AGES <small>*Age determined as of January 1, 2025</small>	EVAL DATE <small>*Will take place at Shadow Ranch Park.</small>
<b>FULL</b> Rookies	5-6	No Evals
<b>FULL</b> Pee Wees	7-8	March 8th - 10am
<b>FULL</b> Minors	9-10	March 8th - 11am

**ONLINE REGISTRATION:  
FEBRUARY 11TH @10AM**

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A 15% FEE. NO REFUNDS ISSUED ONCE  
EVALUATIONS TAKE PLACE.  
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ADJUSTED FEES.

### LEAGUE INFO

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- GAMES WILL BEGIN IN EARLY APRIL.
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**FEE:  
\$180**

**VOLUNTEER COACHES NEEDED!**

# SPRING FLAG FOOTBALL 2025

Division	AGES <small>*Age determined as of January 1, 2025</small>	EVAL DATE <small>*Will take place at Shadow Ranch Park.</small>
<b>FULL</b> Pee Wees	7-8	March 11th - 4pm
<b>FULL</b> Minors	9-10	March 11th - 5pm
Majors	11-12	March 11th - 6pm

**ONLINE REGISTRATION:  
FEBRUARY 11TH @10AM**

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A 15% FEE. NO REFUNDS ISSUED ONCE  
EVALUATIONS TAKE PLACE.  
REFUNDS WILL NOT BE OFFERED FOR \$10  
ADJUSTED FEES.

### LEAGUE INFO

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- GAMES WILL BEGIN IN EARLY APRIL.
- GAMES WILL TAKE PLACE ON SATURDAYS.
- PRACTICES WILL BE DURING THE WEEK.
- ONLY SIBLINGS ARE GUARANTEED TO BE PLACED ON THE SAME TEAM.



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**FEE:  
\$180**

**VOLUNTEER COACHES NEEDED!**

# SPRING VOLLEYBALL 2025

Division	AGES <small>*Age determined as of January 1, 2025</small>	Eval Date
<b>FULL</b> Girls Minors	9-10	March 11th - 6pm
<b>FULL</b> Girls Majors	11-12	March 12th - 5:30pm
<b>FULL</b> Girls Juniors	13-15	March 12th - 7pm

**ONLINE REGISTRATION:  
FEBRUARY 12TH @10AM**

ALL REFUND REQUESTS WILL BE ASSESSED  
A 15% FEE. NO REFUNDS ISSUED ONCE  
EVALUATIONS TAKE PLACE.  
REFUNDS WILL NOT BE OFFERED FOR \$10  
ADJUSTED FEES.

### LEAGUE INFO

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- GAMES WILL BEGIN IN EARLY APRIL.
- GAMES WILL TAKE PLACE ON SATURDAYS.
- PRACTICES WILL BE DURING THE WEEK.
- ONLY SIBLINGS ARE GUARANTEED TO BE PLACED  
ON THE SAME TEAM.



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CHECK OUT)





# Woodland Hills Recreation Center

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www.laparks.org/reccenter/woodland-hills

## 2025 Annual Sports Calendar



### SPRING 2025



Online Registration Begins **February 11 at 10:00 AM**

Co-Rec Baseball (Ages: 5-12)

Co-Rec Soccer (Ages: 5-10)

Co-Rec Flag Football (Ages: 7-12)

Online Registration Begins **February 12 at 10:00 AM**

Girls Volleyball (Ages: 9-15)



### SUMMER 2025



Online Registration Begins **May 7 at 10:00 AM**

Co-Rec Basketball (Ages: 5-12)

Girls Basketball (Ages: 9-15)



### FALL 2025



Online Registration Begins **August 5 at 10:00 AM**

Co-Rec Baseball (Ages: 5-12)

Co-Rec Soccer (Ages: 5-10)

Co-Rec Flag Football (Ages: 7-12)

Online Registration Begins **August 6 at 10:00 AM**

Girls Volleyball (Ages: 9-15)



### WINTER 2025



Online Registration Begins **October 29 at 10:00 AM**

Co-Rec Basketball (Ages: 5-12)

Girls Basketball (Ages: 9-15)

**VOLUNTEER COACHES NEEDED, PLEASE CONTACT US IF YOU ARE INTERESTED  
WOODLANDHILLS.RECREATIONCENTER@LACITY.ORG**



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**COME JOIN US**

# SPRING FLUTTER & FEST

**Woodland Hills Recreation Center**

**SATURDAY, MARCH 29, 2025**

**10:00 AM - 2:00 PM**

**GAMES • MUSIC • CRAFTS • FOOD • & MORE**

*Flutter in for some fun!*

**Sponsored by:**

Tim Gaspar and Family  
Supporters of Woodland Hills Recreation Center

**Guest appearances by:**

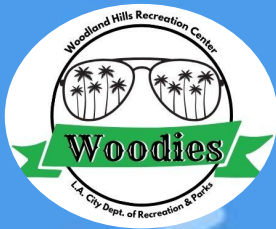
LAPD, LAFD 105, Bubble Mania, Teranga Ranch, UC Master Gardener Program,  
Santa Susana Mountain Park Association, and many more



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March  
15th  
Walk In  
only



March  
18th  
Online  
only



March  
22nd  
Email  
only



March  
18th  
Online  
only



March  
18th  
Online  
only

