City of Los Angeles Department of Recreation & Parks

WOODLAND HILLS RECREATION CENTER

5858 Shoup Ave Woodland Hills CA 91367

(818) 883 - 9370 • laparks.org/reccenter/woodland-hills • woodlandhills.recreationcenter@lacity.org

FALL 2024 WORKSHOPS REGISTRATION BEGINS TUESDAY, OCT. 15TH

Online at 10:00am.

CLASSES BEGIN the week of MONDAY, NOV. 4TH

NO CLASS:

November 11th

November 25-30

JOIN OUR IAILING LIST

For updates on what we will be offering each session, ask to join our mailing list.

Give us your email or send an email to woodlandhills.recreationcenter@lacity.org



Painting & Drawing

In this course we will be experimenting with colors and shapes. We will use a variety of materials such as oil pastels, watercolors, charcoal & more. This course is about exploring the wonders of mixing colors, using a variety of paint materials, accurately using paint on canvas, as well as drawing portraits, animals & landscapes.

Tuesday 2:30-3:30 PM Ages 7-12

\$ 70

\$ 95

Cartooning

Students will learn how to draw everything from jungle animals, dinosaurs, and even Disney characters to a variety of fantasy creatures. CLASS REQUIRMENTS: DRAWING PAD AND COLORED PENCILS

Tuesday 3:45-4:45 PM Ages 6-9 5 weeks \$ 75 \$ 75 Tuesday 4:45-5:45 PM Ages 10-14 5 weeks

Icky Sticky Fun Art

In this hands-on class, young artists will dive into a world where creativity meets gooey, sticky fun! Imagine paint that feels like squishy slime and textures that make you giggle with delight. We'll explore a variety of messy materials like glitter glue, fluffy cotton balls, and even spaghetti (yes, spaghetti!) to create unique masterpieces.

Wednesday 3:30-4:15 PM Ages 3-5 5 weeks \$ 55 Wednesday 4:30-5:30 PM Ages 6-9 5 weeks \$ 55

Film

Learn how to write, direct, film, & act in short films created by you. This class inspires students to use their creativity and imagination by bringing short films of all kinds to life. Get a hands on understanding of how to make a film from scratch & see it to completion. This class is a great introductory opportunity for those serious about getting into film making, or even those just looking for a hobby.

Monday 4:30-6:00 PM Ages 8-14 4 weeks

Comedy Improv

Learn all things comedy: sketch, stand up, characters, & improv, in a safe theatrical environment. A fun way to get up on stage and have fun where they don't even know they are in a class. It is for the kids who love to act out, pretend dress up, sing, and put on a show! This class is geared for kids who need that extra confidence boost or a place to use their endless energy.

Monday 3:30-4:30 PM Ages 4-11 \$ 85

Kids in Action

This class will help your child develop the fundamental building blocks needed for Pre-School. Children will have circle time, do arts & crafts, music, movement, science, cooking and more. The class will have an emphasis in art to help your children with self expression. They will also work on their academics in this class. This is a drop-off class for your child to learn their new independence. Please bring a lunch & water for your child. Must be toilet trained.

Price Varies per Month Monday 9:00 AM- 1:00 PM Ages 3-5 Monthly



Piano/Guitar

Private 30 minute lessons instructed by Rachael. Our instructor has taught both instruments for well over 10 years.

CLASS REQUIRMENTS: Piano students **MUST** provide a folder with lined paper & a pencil with an eraser. **Guitar** students **MUST** provide Mel Bay Modern Guitar Method Grade 1. Which can be found on Amazon. As well as their **OWN** guitar

Thursday	Ages 6+	5 weeks	\$ 100
2:00-2:30 PM	4:00-4:30 Pf	M 6:00-6:	30 PM
2:30-3:00 PM	4:30-5:00 Pf	M 6:30-7:0	00 PM
3:00-3:30 PM	5:00-5:30 PM	M 7:00-7:	30 PM
3:30-4:00 PM	5:30-6:00 PM	VI 7:30-8:0	00 PM



Track & Field

Run, Jump, Throw and More! Build a strong foundation of athletic & motivational skills. Help develop coordination, agility, speed and strength.

Monday 4:30-5:20 PM	Ages 6-9	4 weeks	\$ 70
Monday 5:30-6:20 PM	Ages 6-9	4 weeks	\$ 70
Monday 6:30-7:20 PM	Ages 10-15	4 weeks	\$ 70

Shotokan Karate

Our Shotokan Sensei, Ray Taheri, is a fourth degree black belt with more than 45 years teaching experience with children and adults. Classes will teach and build concentration, discipline, and respect along with self-confidence and flexibility.

Karate Gi is available from the instructor.

Thursday	y 5:00-6:00 PM	Ages 5-9	5 weeks	\$ 70
Thursday	y 6:10-7:10 PM	Ages 7-14	5 weeks	\$ 70
Friday	6:00-7:00 PM	Ages 5-10	5 weeks	\$ 70

Pickleball

Come join us for this fun sport! Pickleball is a paddle sport combining elements of tennis, badminton and ping-pong. Played with a hard paddle & perforated plastic ball.

CLASS REQUIRMENTS: Paddle & INDOOR balls

Tuesday	Advanced	9:00-11:00 AM	4 weeks	\$ 145
Tuesday	Intermediate	11:00-12:00 PM	4 weeks	\$ 85
Tuesday	Beginner	12:00-1:00 PM	4 weeks	\$ 85
Wed.	Advanced	9:00-11:00 AM	4 weeks	\$ 145
Wed.	Intermediate	11:00-12:00 PM	4 weeks	\$ 85
Wed.	Beginner	12:00-1:00 PM	4 weeks	\$ 85

VOLUNTEER & COACHING OPPORTUNITIES

We are always looking for volunteers/coaches interested in assisting us with activities and special events.

For more information on becoming a volunteer or coach, please EMAIL:

woodlandhills.recreationcenter@lacity.org



Yoga

Our Yoga instructor Rose, has taught Yoga for over 12 years. She has in-depth knowledge of Yoga poses & modifications, including but not limited to Hatha yoga, Ashtanga Vinyasa flow, power yoga, Sivananda, and Yin Yoga. She includes stress management, breathing techniques, retention, and meditation in her teaching. CLASS REQUIRMENTS: YOGA MAT

Wed.	4:30-5:30 PM	Ages 5-17	5 weeks	\$ 65
Wed.	5:30-6:30 PM	Ages 18+	5 weeks	\$ 65
Thurs	9·30-10·30 AM	Ages 18+	5 weeks	\$ 65

Tennis

Tennis classes are broken up by age & skill levels. We offer classes for beginners, intermediate, & advanced players, as well as offer match play & doubles round robin classes.

CLASS REQUIRMENTS: tennis racket & one unopened can of Pen or Wilson balls are required. For more information on skill levels, view the brochure on our recreation center's website.

Classes held @Knapp Ranch Park 4 weeks

Tues	Little Rackets I	Ages 4-6	2:30-3:15 PM	\$ 70
Tues	Little Rackets II	Ages 4-6	3:30-4:15 PM	\$ 70
Tues	Racketeers I	Ages 7-8	4:30-5:30 PM	\$80
Tues	Ralliers I	Ages 9-10	5:30-6:30 PM	\$ 80
Tues	High Bouncers I	Ages 11-15	6:30-7:30 PM	\$ 80
Tues	Adult Beginner	Ages 16+	7:30-8:30 PM	\$ 80
Tues	Adult Beginner	Ages 16+	8:30-9:30 PM	\$ 80
Wed	Racketeers II	Ages 7-8	4:00-5:00 PM	\$ 80
Wed	Ralliers II	Ages 9-10	5:00-6:00 PM	\$ 80
Wed	High Bouncers II	Ages 11-15	6:00-7:00 PM	\$ 80
Wed	Adult Intermediate	Ages 16+	7:00-8:30 PM	\$ 90
Thurs	Little Rackets I	Ages 4-6	3:30-4:15 PM	\$ 70
Thurs	Little Rackets II	Ages 4-6	4:30-5:15 PM	\$ 70
Thurs	Match Play	Ages 10-12	5:00-6:00 PM	\$80
Thurs	High School Tennis Prep	Ages 12-17	6:00-7:00 PM	\$ 80
Thurs	Adv. Doubles Round Robin	Ages 16+	7:00-8:30 PM	\$ 90