

City of Los Angeles Department of Recreation & Parks

5858 Shoup Ave. Woodland Hills, CA 91367 woodlandhills.recreationcenter@lacity.org

(818) 883-9370

Woodland Hills Recreation Center Fall 2024

Online Registration begins July 23 at 10 AM

Classes begin Monday, August 19th

10 week program (unless otherwise noted)

Park Proud- LA!

Classes and programs in this brochure may be subject to change or cancellation



Facility Information

OFFICE HOURS

MONDAY-THURSDAY 9:00am -9:00pm
SATURDAY 9:00am - 5:00pm
SUNDAY– CLOSED

IMPORTANT PHONE NUMBERS

WOODLAND HILLS RECREATION CENTER

Main Office 818-883-9370

WOODLAND HILLS POOL

Main Office 818-704-1509
Aquatics 323-906-7953

OTHER NUMBERS

Valley Region Office 818-756-8060
Park Film Office 323-644-6220
Non-emergency LAPD 877-275-5273
LA City Fire Station #105 818-756-8605
Valley Cultural Center 818-704-1358
Municipal Sports Office 818-765-0284
City of LA Information 3-1-1
City of LA Tax ID #95-6000735

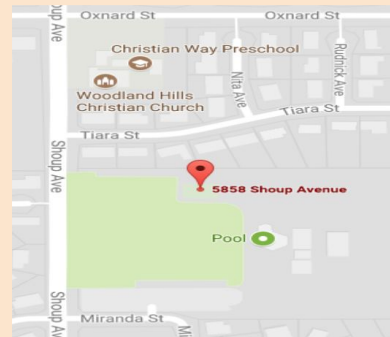
Raise The Bar

"Achieving Gender Equality Through a Continuous Commitment to Girls and Women in Sports."

HOLIDAYS (NO CLASSES)

Facility Closed

September 2	Labor Day
October 14	Indigenous Peoples' Day
November 11	Memorial Day
November 25-30	Thanksgiving Recess
November 28-29	Thanksgiving



REFUND POLICY

Full refunds are only issued when the center cancels the activity. **No refunds will be issued one week prior to PROGRAM start date.** A 15% cancellation fee is assessed for all refunds, changes, or transfers. Classes, sports leagues, and camp registration will require a \$35 fee depending when refund request is submitted to the facility Director in writing.

Persons with disabilities are welcome to participate in our programs.

Reasonable accommodations will be made with prior arrangements. Please inform the instructor.

NOTE: Some programs may require the patron to supply a person of assistance at their own cost.

FACILITY PERMITS

Please contact the Facility Director

OPEN GYM HOURS

Please contact the Facility Director

WARNER CENTER INFO

Reservation for Warner Center Park are handled at our Region Office. Contact the permit office at (818) 756-8187 or send a proposal to the address listed below to schedule an event.
City of Los Angeles Recreation and Parks -
Valley Region Attn: Permits 6335 Woodley Ave, Van Nuys, CA 91406

For Concerts In the Park, please contact:
Valley Cultural Center (818) 704-1358

Class Information

FALL 2024 CLASSES : Monday, August 19, 2024 - Saturday, October 26, 2024

UNLESS OTHERWISE NOTED

- Neither the City of Los Angeles nor Woodland Hills Recreation Center carries insurance or assumes any liability. Patrons must carry their own insurance coverage.
- You are responsible for your child; please do not leave your child unattended at the park.
- The classes and programs in the brochure may be subject to change or cancellation. Staff reserves the right to cancel or combine classes if the minimum enrollment is not met.
- Students must meet the age requirements by the session start date. Staff reserves the right to require proof of age at any time, and may remove a student from a class if the student is not the appropriate age and/or does not have the necessary level, maturity, or skill.
- Make-ups will not be scheduled when a class is missed by a student. No refunds and/or credits are given for classes missed by students. Makeups for classes cancelled by the instructor will be scheduled at the end of the session.

PLAYLA SUMMER SPORTS AND FITNESS PROGRAMS

PlayLA Youth and Adaptive Youth Sports Program is made possible by LA28 Olympic and Paralympic Games. Waivers available for those who qualify. (Waiver located online at time of check out)

PAYMENT

Payment must be made in full at the time of registration. Payment may be made by Visa, or MasterCard. Class fees will not be prorated. Payments will be made online only. Please refer to the directions below on how to make an account and pay for your activities. Payment must be accompanied by a class/program registration form to be complete.

Registration Information



ONLINE REGISTRATION

Begins: July 23, 2024 at 10:00 am

Ends: August 12, 2024 at 10:00 am

Or until classes are full



STEP ONE

Create a Household Account (New Accounts)

1. Visit reg.laparks.org
2. Click on "Sign in" This will open a new window
3. Click on "Don't have an account? Sign up Now"
4. Fill out the new page, keeping in mind that this is your information, not your child's. You may pick your own username and password. All red fields are mandatory.

Note: If you are an adult and are not comfortable with entering your birthday, make one up. Make sure it's a reasonable age if you are planning on registering for an adult activity.

5. If you plan on registering your children, spouse, or others using this system, click "Add New Member" at the bottom of the page.
6. Fill out the "Additional Family Member" section and repeat as necessary. When you are done, click "Save" or "Add New Contact" to add an emergency contact.
7. If you would like to add an emergency contact, click on "Add New Contact."
8. When you are done, click "Save" at the bottom of the page. You will automatically be logged in and redirected to the main page. Follow the instructions in STEP TWO beginning with #4.

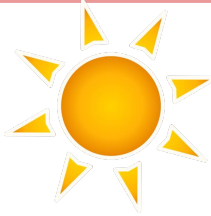
STEP TWO

Register for an Activity at Woodland Hills

1. Visit www.laparks.org/recenter/woodland-hills
 2. Click on "Register Now"
 3. "Log-In" at the top of the screen
 - A. If you do not have an account, please click "to register for a new account" and follow the instructions under STEP ONE
 - B. If you have an account but have not created your own username, your household number is your username.
 - C. Your password is your last name. You will be able to change this password after your first log in.
 4. Once logged in, click on "Search" at the top of the page then "Register for an Activity."
- Note: Please remember that online registration is limited to certain programs and activities.**
5. Click on "Activity Search Criteria" and select Woodland Hills RC as your location. Then click the search button.
 6. Scroll through the list of activities.
 7. Click on the "+" sign to add an activity to your cart.
 8. Once all activities are added, continue until "proceed to checkout" Follow the steps for payment. Once payment is processed, you will be enrolled in the activity.



Early Learners



Bright Beginnings - Ages 3 - 4
Tues/Weds/Thurs 9:00 am-1:00 pm
 Child must be 3 years old by Sept.1, 2024

Miss Gracie Monico

August 20, 2024- May 29, 2025

This class is designed to enhance children’s confidence and build their social and cognitive skills. Children build on their pre-writing, pre-reading, and pre-math skills through art, crafts, music and movement, group time and learning experiences. Independence is fine-tuned as children become more self-reliant and are able to “do it themselves”.

Child must be 3 years old by Sept.1, 2024 • Staff ratio 1:8

CHILD MUST BE POTTY TRAINED (NO EXCEPTIONS!) and able to participate in group activities.
Bring lunch, snack & a water bottle each day unless otherwise noted. Inform instructor of any food intolerance.

School year runs from August 20, 2024– May 29, 2025

PAYMENT: Payments for Bright Beginnings must be paid by the date listed on the payment calendar to hold your spot.

A payment of \$360 will be due each month*. See payment calendar below.

Monthly installments are applied towards the full tuition.

No payment will be due for the month of December



A \$25 late fee will apply for failure to pay on time. No exceptions.

A non-refundable \$50 registration fee + 1st month payment is due at the time of registration.

***Payment is NOT monthly, rather it is broken up into monthly payments for your convenience**

MONTH	August	September	October	November	December	January	February	March	April	May
DUE	June 6 (space pending until filled)	Sept. 15	Oct. 15	Nov. 15	No Payment 	Jan. 15	Feb. 15	March 15	April 15	May 15 
Amount	First month +\$50 ..	\$360	\$360	\$360	\$0	\$360	\$360	\$360	\$360	\$360

For an additional day for the Early Learning Program add Kids in Action Mondays from 9:00-1:00

This class will help your child develop the fundamental building blocks needed for Pre-Kindergarten. Children will have circle time, arts and crafts, music, movement and more. Child must be potty trained.

Class will start September 9, 2024





ABC, 1-2-3 - Ages 4- 5
Tues/Weds/Thurs 9:00 am-1:00 pm
Child must be 4 years old by Sept. 1, 2024



Miss Georgette Lambey
 Miss Mimi Mehrdad
August 20, 2024- May 29, 2025

Through interactive play and instruction, children will learn basic language skills including the alphabet, spelling, writing, and reading at an age appropriate level through coloring, painting, singing, crafts, and story time. Instruction includes writing letters, names, parents' names, birthdays, and word recognition. Basic number theory such as addition, money (coin), and time (clock) are introduced at an age appropriate level through drawing, crafts, and hands on learning. Instruction includes address, telephone, and calendar. The emphasis will be on fun, without pressure.

Child must be 4 years old by September 1, 2024 • Staff ratio 1:8.

CHILD MUST BE POTTY TRAINED (NO EXCEPTIONS!) and able to participate in group activities.
Bring lunch, snack & a water bottle each day unless otherwise noted. Inform instructor of any food intolerance.

School year runs from August 20, 2024– May 29, 2025

PAYMENT: Payments for ABC-123 must be paid by the date listed on the payment calendar to hold your spot.

A payment of \$360 will be due each month*. See payment calendar below.

Monthly installments are applied towards the full tuition.
No payment will be due for the month of December

A \$25 late fee will apply for failure to pay on time. No exceptions.

A non-refundable \$50 registration fee + 1st month payment is due at the time of registration.

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DUE	June 6 (space pending until filled)	Sept. 15	Oct. 15	Nov. 15	No Payment 	Jan. 15	Feb. 15	March 15	April 15	May 15 
Amount	First month +\$50 ..	\$360	\$360	\$360	\$0	\$360	\$360	\$360	\$360	\$360

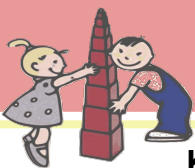
For an additional day for the Early Learning Program add Kids in Action

Mondays from 9:00-1:00

This class will help your child develop the fundamental building blocks needed for Pre-Kindergarten. Children will have circle time, arts and crafts, music, movement and more. Child must be potty trained.

Class will start September 9, 2024





Educational Programs for Children

Kids in Action

AGES: 3-5 YEARS OLD DAY: MONDAYS TIME: 9:00 AM - 1:00 PM

This class will help your child develop the fundamental building blocks needed for Pre-School. Children will have circle time, do **arts & crafts, music, movement, science, cooking and more.** The class will have an emphasis in art to help your children with self expression. They will also work on their academics in this class. This is a drop-off class for your child to learn their new independence.

Please bring a lunch and water for your child Child must be toilet trained.

This class is the perfect class to start the transition to preschool or pre kindergarten for your child.

Month	Dates	NO CLASS	Price
September	9/9, 9/16, 9/23, 9/30	9/2	\$100
October	10/7, 10/21, 10/28	10/14	\$75
November	11/4, 11/18	11/11, 11/25	\$50
December	12/2, 12/9	12/16, 12/23, 12/30	\$50
January	1/6, 1/13, 1/27	1/20	\$75
February	2/3, 2/10, 2/24	2/17	\$75
March	3/3, 3/10, 3/17, 3/24	3/31	\$100
April	4/7, 4/21, 4/28	4/14	\$75
May	5/5, 5/12, 5/19	5/26	\$75



Parent and Me

Parent and Me Crafts & More
Friday

Ages 1 ½ -2 ½
9:30 - 10:30 am

Julie Fischer
Sept. 6 - Oct. 25

\$125
(8 weeks)

Parent and Me Crafts & More
Friday

Ages 2 ½ -3 ½
10:45 - 11:45 am

Julie Fischer
Sept. 6 - Oct. 25

\$125
(8 weeks)

Come join our Parent & Me hands on project based class where you can socialize with other parents while creating a strong bond with your child.

NO refunds will be issued ONE week prior to program start date. 15 % & \$35 fee for refunds



Cinema Arts

Film Class	Ages 8-15	Eric Stuart	\$135
Monday	4:30 - 6:00 pm	Aug. 19 - Oct. 21	(8 weeks) *No Class 9/2,10/14

This class is loads of fun and our students learn how to make short films of all kinds, from silent films to commercials and everything in between. They will learn how to create a production company, film and create content that will then be uploaded to our Woodland Hills Rec Films youtube channel! Your young artist will get hands on experience in writing, producing and acting with small groups in the class! Reading, writing and memorization skills are a must.

*Please note all films **WILL ONLY** be available to view on our private youtube channel. Parents will be asked to sign a media agreement on the first day of class. Please do not sign up if you are not interested or comfortable with your child being on our youtube channel.

Comedy Improv



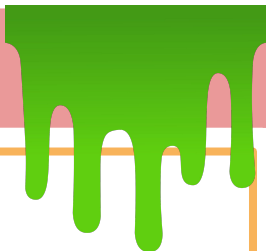
Comedy Improv for Kids	Ages 4-7	Janiece Jary	\$115
Monday	3:30 - 4:30 pm	Sept. 9 - Oct. 21	(6 weeks) *No Class 10/14

Comedy Improv for Kids	Ages 8-12	Janiece Jary	\$115
Monday	4:30 - 5:30 pm	Sept. 9 - Oct. 21	(6 weeks) *No Class 10/14

This class focuses on all things comedy: sketch, stand up, characters, improv, in a safe theatrical environment. A fun way to get up on stage & have fun where they don't even know they are in a class. They will explore creativity through acting. Learn comedy improv & fine tune their acting skills in a fun & friendly environment while making friends & memories for a lifetime.

Janiece has taught, directed, owned & operated her own kids comedy theater company & production company for over 20 years. Her children's comedy has been featured in numerous programs & articles. She was awarded the Sundance Film Festival, 2017, with the Teachers Making a Difference with the Creative Coalition.

Icky Sticky Fun Art



Icky Sticky Fun Art	Ages 4-8	Addisyn Ponce	\$100
Wednesday	4:30 - 5:30 pm	Aug. 21 - Oct. 23	(10 weeks)

In this imaginative and hands-on class, young artists will dive into a world where creativity meets goopy, sticky fun! Imagine paint that feels like squishy slime and textures that make you giggle with delight. We'll explore a variety of messy materials like glitter glue, fluffy cotton balls, and even spaghetti (yes, spaghetti!) to create unique masterpieces.

From finger painting with pudding to making sculptures with marshmallows, every project promises to be a sticky adventure. Kids will learn to embrace the mess as they mix colors, experiment with different textures, and let their imaginations run wild.

Join us for a class where art isn't just about what you see—it's about what you feel, touch, and even taste (okay, maybe just a little)! Get ready to get messy, get creative, and have a blast in our Icky Sticky Fun Art Class!

Dress for Mess!



Drawing & Painting



Drawing & Painting
Tuesday

Ages 6-12
2:30 - 3:30 pm

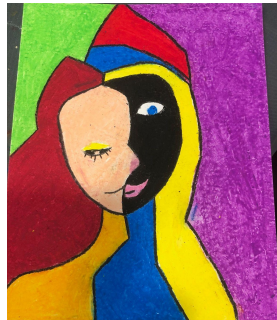
Mimi Mehrdad
Aug. 20 - Oct. 22

\$130
(10 weeks)

In this art course we will be experimenting with colors and shapes. We will use a variety of materials such as oil pastels, watercolors and more



Rona 9 years old



Dress Requirements

Please wear something that you don't mind getting dirty or stained



Piano or Guitar



Piano or Guitar - Individual Private Lessons

Private 30 minute lessons instructed by Rachael. Our instructor has taught both instruments for well over 10 years. Instruction will be given in playing the guitar as a full range musical instrument from basic chords through advanced reading skills.

Thursday, August 22 - October 24

Ages 6- Adult

\$175 (10 weeks)

~1:00 - 1:30 PM
~1:30 - 2:00 PM
~2:00 - 2:30 PM
~2:30 - 3:00 PM
~3:00 - 3:30 PM
~3:30 - 4:00 PM
~4:00 - 4:30 PM

~4:30 - 5:00 PM
~5:00 - 5:30 PM
~5:30 - 6:00 PM
~6:00 - 6:30 PM
~6:30 - 7:00 PM
~7:00 - 7:30 PM
~7:30 - 8:00 PM

Piano students **MUST** provide a folder with lined paper and a pencil with an eraser

Guitar students **MUST** provide Mel Bay Modern Guitar Method Grade 1. Which can be found on Amazon. As well as their **OWN** guitar



Wiggle Jams

Wiggle Jams	Ages 4-7	Laura Lanci	\$110
Saturday	10:30 - 11:15 am	Aug. 24 - Oct.12	(8 weeks)

Exposing kids to a variety of music, including musical theater songs such as 'Under the Sea', popular kids shows such as 'Paw Patrol', and a Spanish immersion program with music from movies like "Coco" and "Encanto", while developing rhythm, musical and performing arts skills such as singing and dancing, posture, body alignment, and stretching. Experiencing a safe and fun environment that emphasizes teamwork, collaboration, and cooperation.

Dress Requirements

Loose fitting clothes and sneakers



Your Whole Sound

Your Whole Sound	Ages 18+	Laura Lanci	\$180
Friday	6:30 - 8:00 pm	Aug. 23 - Oct.11	(8 weeks)

Your Whole Sound: Connecting voice, body and mind through sound and movement is a singing and movement group class that utilizes voice yoga techniques to explore and develop the voice as well as to stretch and strengthen the body working through Yoga Asanas (poses), freestyle dancing, vocal warm ups, and group singing in a safe and creative space, nurturing courage, confidence, and creativity.



Yoga



Yoga Kids	Ages 5-17	Rose Zahedi	\$110
Wednesday	4:30 - 5:30 pm	Aug. 21 - Oct. 23	(10 weeks)
Yoga	Ages 18-65	Rose Zahedi	\$110
Wednesday	5:30 - 6:30 pm	Aug. 21 - Oct. 23	(10 weeks)
Yoga	Ages 65+	Rose Zahedi	\$110
Wednesday	6:30 - 7:30 pm	Aug. 21 - Oct. 23	(10 weeks)

Our Yoga instructor Rose, has taught Yoga for well over 12 years. She has in-depth knowledge of Yoga poses and modifications, including but not limited to Hatha yoga, Ashtanga Vinyasa flow, power yoga, Sivananda, and Yin Yoga. She includes stress management, breathing techniques, retention, and meditation in her teaching.



Dress Requirements

Comfortable clothing and yoga mat.

Shotokan Karate

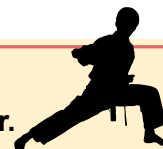
Karate Beg/Int. Thursday	Ages 5-9 5:00-6:00 pm	Sensai Ray Taheri Aug. 22 - Oct. 24	\$140 (10 weeks)
Karate Beg/Int. Thursday	Ages 7-14 6:10-7:10 pm	Sensai Ray Taheri Aug. 22 - Oct. 24	\$140 (10 weeks)
Karate Beg/Int. Friday	Ages 5-10 6:00-7:00 pm	Sensai Ray Taheri Aug. 23 - Oct. 25	\$140 (10 weeks)

Our Shotokan Sensei, Ray Taheri, is a seventh degree black belt with more than 48 years teaching experience with children and adults. Classes will teach and build concentration, discipline, and respect along with self-confidence and flexibility.



Dress Requirements

Comfortable clothing and athletic shoes required. Karate Gi is available from the instructor.



TRACK & FIELD

Track & Field Monday	Ages 6-9 5:30 - 6:20 pm	Marvin Perkins Aug. 26 - Oct. 21	\$115 (7 weeks) *No Class 9/2,10/14
Track & Field Monday	Ages 10-15 6:30 - 7:30 pm	Marvin Perkins Aug. 26 - Oct. 21	\$115 (7 weeks) *No Class 9/2,10/14

Run, Jump, Throw, and More! Build a strong foundation of athletic and motivational skills. Help develop coordination, agility, speed and strength.



Dress Requirements

Comfortable clothing, shoes with traction required. Bring a bottle of water.

PARK ADVISORY BOARD



Are you interested in making a difference in the Woodland Hills community?

The Park Advisory Board is designed to advise, assist, and support the Recreation

Directors with recreation center issues, fundraising, program development, marketing, and promotion of facility activities.

For more information please email lee.marks@lacity.org

CARTOONING *Class*

with Mark Silverman

AUGUST 27 TO OCTOBER 22, 9 WEEKS

\$125

Tuesdays: 3:45-4:45pm, 6-9 years

Tuesdays: 4:45-5:45pm, 10-14years



Mark Silverman has loved to draw all his life. He has been teaching children how to draw cartoon characters for 25 years using easy step by step methods. In Mark's class, he will teach the students how to draw everything from jungle animals, dinosaurs, and even Disney characters to a variety of fantasy creatures. Mark is also a professional voice actor and his voices can be heard in Disney Parks around the world.

**CLASS REQUIREMENTS: DRAWING
PAD AND COLORED PENCILS**



EMPLOYMENT OPPORTUNITIES

Are you interested in teaching a class at the Woodland Hills Recreation Center?

We are always looking for people to teach fun and unique classes.

For more information on becoming a

teacher, please send resume to lee.marks@lacity.org





Pickleball



WEDNESDAY: September 4 - October 23 (8 weeks)

3.0 Guided Play	Ages 18+	9:00-11:00 am	\$230
2.0 Skills and Drills	Ages 18+	11:00-12:00 pm	\$130
Introduction to Pickleball	Ages 18+	12:00-1:00 pm	\$130

Come join us for this fun sport with Coach Erin Sataloff! Pickleball is a paddle sport combining elements of tennis, badminton and ping-pong. Played with a hard paddle & perforated plastic ball.

Dress Requirements: Comfortable clothing and athletic shoes required. Bring water.

WHAT TO BRING: Students must bring their own paddle and an unopened pack of INDOOR balls (ANY BRAND)



ALL CLASSES ARE HELD IN THE GYM
LOCATED NEXT TO THE OFFICE



3.0 Guided Play is an “Instructor Approval” class. Meaning you must be approved by the instructor in order to take this class. Please contact the center so we can get you in touch with the instructor.
Thank you for your understanding.

Pickleball Skill Level

3.0 Guided Play: MUST get instructor's approval. Competitive games and drills.

2.0 Skills and Drills: Must have beginner pickleball experience OR extensive tennis/ racquetball/ badminton/ table tennis experience AND some familiarity with Pickleball rules. Ideally student will already play pickleball on a beginner level. For those who do not already play pickleball, they must commit to reviewing the basic rules and come prepared. NOT FOR BEGINNERS.

Introduction to Pickleball: This is the class for people who never played a racket sport. This class will build hand eye coordination, basic racket skills, and teach the essential rules for pickleball. If you have a lot of experience playing tennis or racquetball, this class is NOT for you.

NO refunds will be issued ONE week prior to program start date. 15 % & \$35 fee for all refunds processed



Tennis



PLEASE REFER TO DESCRIPTION OF CLASSES ON NEXT PAGE FOR BEST PLACEMENT FOR YOU OR YOUR CHILD

TUESDAY: August 27 - October 15 (8 weeks)

Little Rackets I	Ages 4-6	2:30-3:15 pm	Janiece	\$140
Little Rackets II	Ages 4-6	3:30-4:15 pm	Janiece	\$140
Racketeers I	Ages 7-8	4:30-5:30 pm	Janiece	\$155
Ralliers I	Ages 9-10	5:30-6:30 pm	Marvin	\$155
High Bouncers I	Ages 11-15	6:30-7:30 pm	Marvin	\$155
Adult Beginners	Ages 16+	7:30-8:30 pm	Marvin	\$155

WEDNESDAY: August 28 - October 16 (8 weeks)

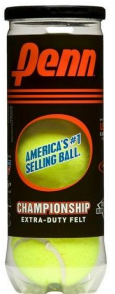
Racketeers II	Ages 7-8	4:00-5:00 pm	Javier	\$155
Ralliers II	Ages 9-10	5:00-6:00 pm	Javier	\$155
High Bouncers II	Ages 11-15	6:00-7:00 pm	Javier	\$155
Adult Intermediate	Ages 16+	7:00-8:00 pm	Javier	\$155

THURSDAY: August 29 - October 17 (8 weeks)

Little Rackets I	Ages 4-6	3:30-4:15 pm	Janiece	\$140
Little Rackets II	Ages 4-6	4:30-5:15 pm	STAFF	\$140
Match Play	Ages 10-12	5:00-6:00 pm	STAFF	\$155
High School Tennis Prep	Ages 13-17	6:00-7:00 pm	STAFF	\$155
Doubles Round Robin	Ages 16+	7:00-8:30 pm	STAFF	\$180



Tennis students MUST bring their own tennis racket & one can of unopened Penn or Wilson tennis balls.



All tennis classes will be held at KNAPP RANCH PARK

25000 Kittridge Street in West Hills just off Valley Circle between Victory and Vanowen

**NO refunds will be issued ONE week prior to program start date. 15 % & \$35 fee for all refunds processed
No refunds will be issued for \$10 classes**



Tennis Skill Levels



Little Rackets I: (4-6 YRS) This class is for 4-6 year olds, new to tennis. It will primarily focus on contact points for volleys and forehand and backhand strokes. It is the basic foundations for hand-eye coordination.

Little Rackets II: (4-6 YRS) This class focuses its attention to movement on the court as well as the combination of forehands and backhands. This class is for 4-6 year olds that have completed Little Rackets one or bring similar skill sets.

Racketeers I: (7-8 YRS) This player has minimal or no knowledge of tennis. We recommend this class where this is the first experience with tennis. Basic forehand, backhand, volleys, and the serve will be taught.

Racketeers II: (7-8 YRS) Must have successfully completed the Racketeers I session of tennis or have taken beginning classes before. This class will build on the basic strokes towards developing game play. Tennis terms and scoring are introduced.

Ralliers I: (9-10 YRS) This class is designed for the new player. Concentration will be on the basic strokes: forehand & backhand groundstrokes, net play, and serves. Focus is on technique and foot work.

Ralliers II: (9-10 YRS) This class will focus on consistency of play and adding control to all the basic ground strokes. Players will have more interactive play and learn the concept of match play.

High Bouncers I: (11-15 YRS) This class is for the older player with a limited knowledge of the basic strokes and of the rules of tennis. Together with instruction, drills, and limited game play, the players are guided towards the fundamentals of the game.

High Bouncers II: (11-15 YRS) Players are able to keep a rally going with fellow students. Players are also learning and playing singles and doubles with an introduction to tactics.

Match Play: (10-12 YRS) This class is for the intermediate to advanced player. Each week the drills will emphasise one particular stroke to give the player a chance to hone their skills on the court.

High School Tennis Prep: (13-17 YRS) This class will highlight the fundamentals needed to tryout and play for High School tennis (does not guarantee your child will make their High School team). Proper technique, ground strokes, and play will be taught. As well as the rules, etiquette and protocol. Also apart of the curriculum will be tactics and strategy.

Teen Tennis: (12-15 YRS) This class is designed to teen tennis player. The emphasis will be on rules of the game, singles and doubles strategy, and improving an all court game.

Adult Beginners: (16+ YRS) This class is designed to introduce the game to players with minimal or no knowledge of tennis. We will focus on basic strokes- forehand, backhand, volley and serve.

Adult Intermediate: (16+ YRS) This level focuses on the execution of tactics and Match Play situations. Such as Serve and Volley, Chip and Charge, and an introduction to hitting with spin and speed

Advanced Double Round Robin: (16+ YRS) This advanced class is all about doubles. We start with a warmup, then doubles play with strategies and formations. Having competitive fun and meeting new potential tennis partners at no extra charge.

- Parents/guardians may not sit on courts during youth lessons nor coach from the sidelines.
- Dress Requirements: Comfortable clothing and tennis shoes are required.
- Please bring a water bottle
- Please arrive and pick up on time for the class. Instructors are not responsible for your child once class ends.
- Please feel free to speak to the instructor about your child's progress.
- Students must bring their own tennis racket & one can of unopened Penn or Wilson tennis balls



Woodland Hills Recreation Center

5858 Shoup Ave, Woodland Hills, CA 91367 - (818) 883-9370 - woodlandhills.recreationcenter@lacity.org
www.laparks.org/reccenter/woodland-hills

2024-2026 Annual Sports Calendar

Register Early!
Spots fill up fast!

Fall 2024

Check our website for league information

Co-Rec Soccer
Ages: 5-10



Online Registration Begins August 6



Girls Volleyball
Ages: 9-15

Co-Rec Baseball
Ages: 5-12



Girls Softball
Ages: 7-15



Winter 2025

Co-Rec Basketball
Ages: 5-15



Online Registration Begins October 29



Girls Basketball
Ages: 9-15

Spring 2025

Co-Rec Soccer
Ages: 5-10



Online Registration Begins February 4



Girls Volleyball
Ages: 9-15

Co-Rec Baseball
Ages: 5-12



Girls Softball
Ages: 7-15



Summer 2025

Co-Rec Basketball
Ages: 5-15



Online Registration Begins May 6



Girls Basketball
Ages: 9-15

Fall 2026

Co-Rec Soccer
Ages: 5-10



Online Registration Begins August 7



Girls Volleyball
Ages: 9-15

Co-Rec Baseball
Ages: 5-12



Girls Softball
Ages: 7-15





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NO REFUNDS WILL BE ISSUED ONE WEEK PRIOR TO PROGRAM START DATE.
15% and \$35 fee for ALL refunds

Participant: Last Name: _____ First Name: _____

Date of Birth: _____ Age: _____ Pronoun: _____

Address: _____ City: _____ Zip: _____

Parent/Guardian: Last Name _____ First Name: _____

Cell Phone: _____ Home Phone: _____

Work Phone: _____ Email: _____

Emergency Contact (Other than parent): _____ Relation to Participant: _____

Emergency Contact's Home Phone: _____ Work/Cell Phone: _____

Table with 7 columns: Name of class, Day, Time, Fee, RW# (Office use only), Payment type, Notes. Header: PLEASE FILL IN ALL CLASSES THE PARTICIPANT IS ENROLLING IN

ACKNOWLEDGEMENT of POLICIES and RELEASE of LIABILITY

I give permission for my child/myself, to participate in the Woodland Hills Recreation Center classes/activities. I understand the nature of the classes/activities and the experience and capabilities required. Participants must have reached the minimum age for classes by the first day. Proof of age may be required.

LIABILITY & MEDICAL ATTENTION

I, the undersigned, agree to relieve the City of Los Angeles, Department of Recreation and Parks, its officers, agents, and employees from any liability from injuries to myself and/or any above listed participant in connection with activities in this program. I hereby authorize the City of Los Angeles to act as agent for the undersigned, to consent for any X-Ray examination, anesthetic medical, or surgical diagnosis, treatment/hospital care which is deemed advisable by and rendered under the general or special supervision of any physician and/or surgeon licensed under the provisions of the Medicine Practice Act and on the medical staff of a licensed hospital; whether such diagnosis or treatment is rendered at the office of said physician or at said hospital. This authorization is given in advance of any specific diagnosis/treatment, etc., and is given to provide authority to aforesaid agents to give specific consent.

This authorization is given pursuant to the provisions of Section 25.8 of the Civil Code of California. I understand that neither the Woodland Hills Recreation Center, nor the City of L.A. Dept. of Recreation and Parks carries insurance.

REFUNDS

I understand that no refunds will be issued to patrons making false statements on registration forms. Proof of statements may be requested. A non-refundable 15% administration fee and \$35 will be assessed for any refunds, transfers, changes. No refunds will be issued ONE week prior to the classes/programs start date. Full refunds will only be issued if class is cancelled by the Woodland Hills Recreation Center.

CLASS MAKE-UPS

I understand that any class cancelled by the Woodland Hills Recreation Center will be made up at the end of the session. Class will not be made up for participant's absence, including reasons of illness. The fee will remain the same regardless when a student registers and begins the class.

PHOTO RELEASE

By enrolling your child (children) in Park activities/programs, you agree to allow the City of Los Angeles Department and Parks and the Woodland Hills Recreation Center to use photographs, video tapes, and testimonials of participants for use in publicity material free of any fee or usage charge unless otherwise notified.

Woodland Hills Recreation Center administration reserves the right to cancel or combine any class due to low enrollment

I have read and understand Woodland Hills Recreation Center's policy regarding Release of Liability, Refunds, Make-up, & Photo Release.

Print Name (Parent)

Signature

Date



CITY OF LOS ANGELES

Mayor Karen Bass
Councilmember Bob Blumenfield, District 3

**DEPARTMENT OF RECREATION AND PARKS
BOARD OF RECREATION AND PARK COMMISSIONERS**

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Cathie Santo Domingo, Assistant General Manager -
Planning, Maintenance, & Construction Branch
Brenda Aguirre, Acting Assistant General Manager - Special Operations Branch

OPERATIONS WEST VALLEY REGION

, Superintendent, Valley Region
Laura Island, Principal Recreation Supervisor II
Wayne Neal, Principal Grounds Maintenance Supervisor II
Joe Mendoza, Construction and Maintenance Supervisor II
Juan Aynat, Principal Recreation Supervisor I
Cynthia Dib, West Valley District Supervisor

WOODLAND HILLS RECREATION CENTER STAFF

Lee Marks - Sr. Recreation Facility Director
Niko Garcia- Recreation Coordinator

MAINTENANCE STAFF

Renee Martinez, Park Maintenance Supervisor