

WESTWOOD RC ADULT CLASSES



Online or in Person
[LaParks.org/recenter/westwood](https://laparks.org/recenter/westwood)
REGISTRATION BEGINS DEC. 3RD

CLASS NAME	AGES	TIME	FEE / WEEKS	INSTRUCTOR	CLASS DATES
MONDAY (no classes on 1/20 and 2/17)					
Adult Fitness / Cardio M,W,Th	18+	8:00am-8:55am	\$250 / 8wks	Deidre Smith	1/6 - 3/1
TUESDAY					
Ceramics	18+	9:00am - 2:00pm	\$250 / 8wks	Teacher Fereshteh	1/7 - 2/25
Racquetball Beginners	18+	6:00pm - 6:55pm	\$150 / 8wks	Jacob Helali	1/7 - 2/25
THURSDAY					
Racquetball Intermediate	18+	6:00pm-6:55pm	\$150 / 8wks	Jacob Helali	1/9 - 2/27
Racquetball advanced	18+	7:00pm-7:55pm	\$150 / 8wks	Jacob Helali	1/9 - 2/27
SATURDAY					
Karate - Beginning	18+	2:00pm - 2:55pm	\$150 / 8wks	Roesha Hightower	1/11 - 3/1
Karate - Intermediate	18+	3:00pm - 3:55pm	\$150 / 8wks	Roesha Hightower	1/11 - 3/1



WINTER 2025



City of Los Angeles * Department of Recreation & Parks
 Westwood Recreation Center
 310-473-3610 - Westwood.RecreationCenter@lacity.org

Achieving gender Equality through a continuous commitment to girls and women in sports.

Reasonable Accommodations for people with disabilities are available upon request, (with prior arrangements).

REFUND POLICY: A 15% cancellation fee is assessed for all refunds. Full refunds are only issued when the Recreation Center cancels the activity.

*New fees will be issued after January 31st 2025