Westwood RC

Registration Begins: August 29th Online or in Person at 9:00am Laparks.org/reccenter/westwood

	CHILDREN'S CLASSES								
	CLASS NAME	AGES		FEE / WEEKS	INSTRUCTOR	CLASS DATES			
	MONDAY (No classes on 10/14 & 11/11)								
	Karate - Beginning	6 - 12	4:00 - 4:45pm	\$130 / 8 wks	Roesha Hightower	9/30 - 12/2			
	Karate - Novice	9 - 15	5:00 - 5:45pm	\$130 / 8wks	Roesha Hightower	9/30 - 12/2			
	Karate - Intermediate	10 - 17	6:00 - 6:45pm	\$130 / 8wks	Roesha Hightower	9/30 - 12/2			
	TUESDAY								
	Clay & Ceramics for Kids	6 - 10	4:00 - 4:45pm	\$130 / 8wks	Teacher Fereshteh	10/1 - 11/19			
	Karate - Beginning	6 - 12	6:00 - 6:45pm	\$130 / 8 wks	Roesha Hightower	10/1 - 11/19			
	WEDNESDAY								
	Healthy Cooking with Annie	6 - 17	4:30 - 5:30pm	\$170 / 8wks	Teacher Annie	10/2 - 11/20			
i	Karate - Beginning	6 - 12	6:00 - 6:45pm	\$130 / 8wks	Roesha Hightower	10/2 - 11/20			
ri	Karate - Intermediate	9 - 17	7:00 - 7:45pm	\$130 / 8wks	Roesha Hightower	10/2 - 11/20			
ı	High 5 Basketball Class	5 - 6	4:00 -4:45pm	\$130 / 8wks	STAFF	10/2 - 11/20			
	THURSDAY								
	Art Studio with Annie	5 - 12	4:00 - 5:00pm	\$130 /8wks	Teacher Annie	10/3 - 11/21			
	Drawing Class with Annie	5 - 12	5:30 - 6:30pm	\$130 /8wks	Teacher Annie	10/3 - 11/21			
	High 5 Basketball Class	5 - 6	4:00 -4:45pm	\$130 /8wks	STAFF	10/3 - 11/21			
	FRIDAY								
	Karate - Beginning	5 - 8	4:00 - 4:45pm	\$130 / 8wks	Roesha Hightower	10/4 - 11/22			
ı	Karate - Intermediate	9 - 12	5:00 - 5:45pm	\$130 / 8wks	Roesha Hightower	10/4 - 11/22			
	Karate - Intermediate	13 - 17	6:00 - 6:45pm	\$130 / 8wks	Roesha Hightower	10/4 - 11/22			
	Soccer Class	5 - 6	4:00 -4:45pm	\$130 / 8wks	Saray Cortes	10/4 - 11/22			
	Soccer Class	7 - 8	5:00 - 5:45pm	\$130 / 8wks	Saray Cortes	10/4 - 11/22			
	SATURDAY								
)	Gymnastics Class	3 - 4	9:00 - 9:45am	\$130 / 8wks	Emily Glenn	10/5 - 11/23			
	Gymnastics Class	5 - 6	10:00 - 10:45am	\$130 / 8wks	Emily Glenn	10/5 - 11/23			
	Gymnastics Class	7 - 8	11:00 - 11:45am	\$130 / 8wks	Emily Glenn	10/5 - 11/23			
	Gymnastics Class	9 - 12	12:00 - 12:45am	\$130 / 8wks	Emily Glenn	10/5 - 11/23			
	Soccer Class	5 - 6	10:00 - 10:45am	\$130 / 8wks	Saray Cortes	10/5 - 11/23			
	Soccer Class	7 - 8	11:00 - 11:45am	\$130 / 8wks	Saray Cortes	10/5 - 11/23			

ADULT CLASSES									
CLASS NAME	AGES	TIME	FEE / WEEKS	INSTRUCTOR	CLASS DATES				
MONDAY									
Adult Fitness / Cardio M,W,Th	18+	8:00 - 8:55am	\$230 / 8wks	Deidre Smith	9/30 - 12/2				
TUESDAY									
Ceramics	18+	9:00am - 2:00pm	\$275 / 8wks	Teacher Fereshteh	10/1 - 11/19				
Racquetball Beginners	18+	6:00 - 6:55pm	\$90 / 5wks	Jacob Helali	10/1 - 10/29				
THURSDAY									
Racquetball - Intermediate	18+	6:00 - 6:55pm	\$75 / 4wks	Jacob Helali	10/3 - 10/24				
Racquetball - Advanced	18+	7:00 - 7:55pm	\$75 / 4wks	Jacob Helali	10/3 -10/24				
SATURDAY									
Karate - Beginning	18+	2:00 - 2:55pm	\$130 / 8wks	Roesha Hightower	10/5 - 11/23				
Karate - Intermediate	18+	3:00 - 3:55pm	\$130 / 8wks	Roesha Hightower	10/5 - 11/23				

Achieving Gender Equality through a continuous commitment to girls and women in sports. Reasonable Accommodations for people with disabilities are available upon request, (with prior arrangements). REFUND POLICY: A 15% cancellation fee is assessed for all refunds. Full refunds are only issued when the Recreation Center cancels the activity. **No refunds will be issued after October 1, 2024

