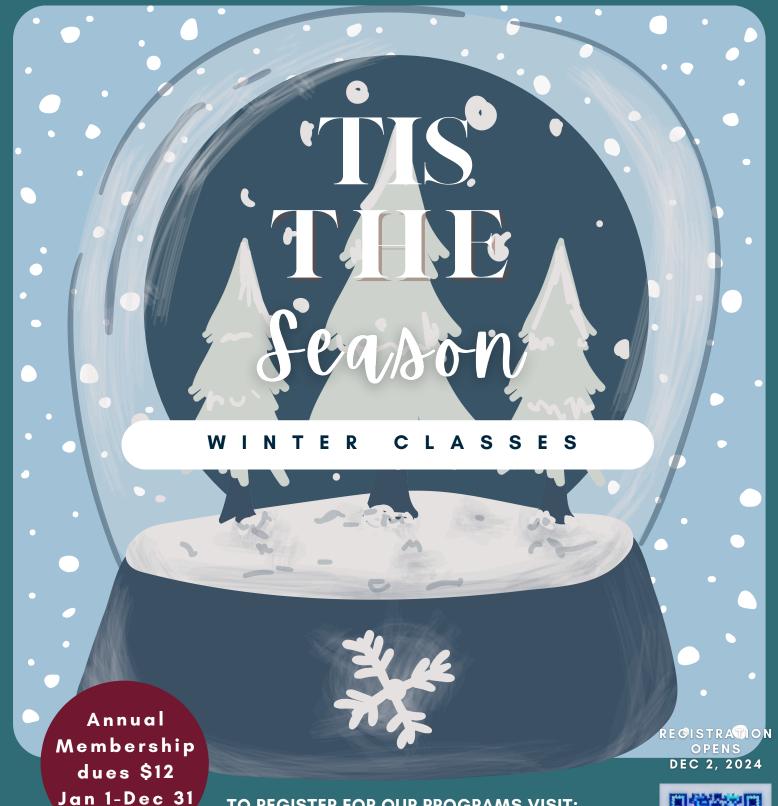
CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS
8740 LINCOLN BLVD, LOS ANGELES CA 90045 | (310)649-3317 | WESTCHESTER.SCC@LACITY.ORG



Westchester Senion Center



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WESTCHESTER.SCCLA

TO REGISTER FOR OUR PROGRAMS VISIT:

LAPARKS.ORG/SCC/WESTCHESTER

CALL 310-649-3317, OR SIGN UP IN PERSON

ALL PROGRAMS SUBJECT TO CHANGEOR CANCELLATION WITHOUT NOTICE

310) 649-3317

WESTCHESTER SENIOR CENTER SUMMER CLASS LIST

	WSC	WINIER	2025	
MONDAY (No class: 1/20 & 2/17)				
PROGRAM	TIME	NON MEMBER FEE	MEMBER FEE	DATES
Knitting & Crochet Class	9am-12pm	\$25 / month	\$25 / month	1/6-3/24
Meditation	9am-10am	NA	Free	1/6-3/24
Arthritis Exercise Program M/W	9:30-10:30	Free	Free	1/13-2/26
Artist's Way	10:30am-11:30am	NA	Free	1/6-3/24
Boardgames Galore	12p-1p	\$15	Free	1/13-3/17
Watercolor for Beginners	2pm-4pm	\$100	\$50	1/13-3/17
Bachata Evenings	6pm-7pm	\$80	\$40	1/13-3/17
MMA for Fitness & Self Defense	7:00-8:30pm	\$90	\$45	1/13-3/17
TUESDAY				
Zumba	9am – 10am	\$10 /month	Free	1/7-3/29
Garden Charm	10am - 11am	\$10 / month	Free	1/7-3/25
Walking Club	1pm - 2pm	Free	Free	1/3-3/28
Bridge Tech Help	12pm - 1pm	NA	Free	1/7-3/25
Mixed Media Studio Time	1pm-4pm	\$20 / month	\$10 / month	1/2-3/25
Pilates	6pm-7pm	\$90	\$45	1/14-3/4
WEDNESDAY				
Chair Yoga	10:30-11:30am	\$10 / month	Free	1/3-3/26
Bingo	12pm-2pm	\$.25c a card	\$.25c a card	1/3-3/26
Ping Pong	2:30-3:30pm	Free	Free	1/3-3/26
Intro to Spanish	6pm - 7pm	\$80	\$40	1/15-3/5
THURSDAY				
Gentle Exercise	10am – 11am	\$10 / month	\$5 / month	1/4-3/27
Karaoke: 1&3 Thurs	12pm - 2pm	Free	Free	1/4-3/27
Watercolor Studio	2pm - 4pm	\$10 / month	\$5 / month	1/4-3/27
FRIDAY				
Zumba	9am-10am	\$10 / month	Free	1/10-3/28
Walking Club	10:00 am	Free	Free	1/3-3/28
One on One Tech Help	10am - 1pm	NA	Free	1/3-3/28
Gentle Yoga	10:15am - 11:15am	\$80	\$40	1/19-3/7
Brain Fitness	12pm - 1pm	\$15	Free	1/19-3/7
Cinema Club: 4th Fri	1pm - 3pm	Free	Free	1/31, 2/28, 3/28
Knit & Crochet Club	1pm - 3pm	Free	Free	1/3-3/28
Scrapbooking Club	1pm – 3pm	Free	Free	10/4 - 12/27
SATURDAY				
Yoga Flow	9:00am-10:00am	\$80	\$40	1/18-3/8
MUSIC CLASS OPTIONS				
Guitar & Plano T, W, Th,	times varie	\$150	\$150	1/14-3/6