



\*DUPLICATE

CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

**WESTCHESTER SENIOR CENTER**

8740 LINCOLN BLVD, LOS ANGELES, CA 90045

(310) 649-3317/ WESTCHESTER.SCC@LACITY.ORG

No. \_\_\_\_\_  
County, Calif.  
**LICENSE AND CERTIFICATE  
OF MARRIAGE.**

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To ha  
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# Genealogy 101

Select Mondays\* | 10 AM  
Westchester Senior Center

JOIN SHELLENA IN LEARNING HOW TO EXPLORE  
YOUR FAMILY HERITAGE, KEEP A RECORD TO PASS  
DOWN TO FAMILY MEMBERS, AND JOIN OTHERS  
WHILE SEARCHING THROUGH THE PAST.

**REGISTER NOW - ONLINE AT LAPARKS.ORG,  
IN PERSON AT THE OFFICE, OR BY PHONE 310-649-3317**

**MEMBERS  
\$FREE**

**NON-MEMBERS  
\$12**

**\* DATES:  
OCTOBER 28  
NOVEMBER 25**



WESTCHESTER.SCCLA

ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION.  
PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS.  
REASONABLE ACOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE  
AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT  
YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.





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# TECH HELP

**Available Mondays &  
Fridays 9am-1pm,  
by appointment**

**FREE!!!**

**AGES 50+**

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**“ONE-ON-ONE ASSISTANCE”**



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# Public Speaking

With Katherine

**MONDAYS**

**1:00 -2:00PM**

**OCT 7 - DEC 9TH**

OVERCOME YOUR FEAR OF PUBLIC SPEAKING BY LEARNING COMMUNICATION TECHNIQUES TO HELP YOU BUILD CONFIDENCE AND COMFORT IN YOURSELF.

**\$40 FOR MEMBERS**

**\$80 NON-MEMBERS**

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# Master Legos With Leigh



**OCT 7 - DEC 30**

**12PM-1PM MONDAYS**

**\$FREE FOR MEMBERS  
\$15 NON-MEMBERS**

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# Creative Writing Workshop With Lauryn

JOIN LAURYN IN THIS 4 WEEK SESSION EXPLORING YOUR INNER WEIRD, WILD, PASSIONATE, DARK, AND JOY. AS EACH WEEK THERE WILL BE ONE WRITING TOPIC GIVEN SO THAT YOU CAN WRITE A STORY, POEM, SONG, OR EVEN JUST A FREE WRITE TO JOURNAL.

**OCTOBER 15 - NOV 5**  
**1PM-2PM TUESDAYS**

**\$20 FOR MEMBERS**  
**\$40 NON-MEMBERS**

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# PIANO/ GUITAR



**\$150 /  
8 WEEKS**

**2:00 - 7:00 PM**

**TUES / WEDS**

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**PRIVATE 1 : 1 LESSONS  
25 MINUTE LESSONS**

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## WESTCHESTER SENIOR CENTER & REC CENTER

# INTRO TO IMPROV

Join Carmen in this introduction to improv and acting class. Build confidence, enhance creativity, develop social skills, and improve Communication while learning the Basics of improvised theater.

INSTRUCTOR: CARMEN

LOCATION: SENIOR CENTER



*Oct 10 - Dec 5th*  
*Thursdays 6:00-7:00pm*



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# GUITAR & UKULELE LESSONS

**\$150 /  
8 WEEKS**

**WED/ THURS 4:00 - 7:00 PM**  
**FRIDAYS 9:30 AM - 1:00 PM**

**PRIVATE 1 : 1 LESSONS**  
**25 MINUTE LESSONS**

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# Brain Fitness With Kirstin

**MEMBERS  
 \$FREE**



**NON-MEMBERS  
 \$15**

**JOIN US FRIDAYS TO PLAY GAMES,  
 EXPAND YOUR MIND, AND LEARN  
 VARIOUS TRICKS TO KEEP SHARP**

**10/4-12/27  
 FRIDAYS 12PM**

**REGISTER AT  
 LAPARKS.ORG**



**OR BY PHONE  
 310-649-3317**



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