

Genealogy 101

Select Mondays* | 10 AM Westchester Senior Center

JOIN SHELLENA IN LEARNING HOW TO EXPLORE YOUR FAMILY HERITAGE, KEEP A RECORD TO PASS DOWN TO FAMILY MEMBERS, AND JOIN OTHERS WHILE SEARCHING THROUGH THE PAST.

REGISTER NOW - ONLINE AT LAPARKS.ORG,

IN PERSON AT THE OFFICE, OR BY PHONE 310-649-3317

ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.

WESTCHESTER.SCCLA

MEMBERS \$FREE

NON-MEMBERS \$12

* DATES: **JANUARY 13TH FEBRUARY 10** MARCH 10



CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

WESTCHESTER SENIOR CENTER

8740 LINCOLN BLVD, LOS ANGELES, CA 90045 (310) 649-3317/ WESTCHESTER.SCC@LACITY.ORG

Mondays & Fridays: 10am-1pm,
By Appointment

FREE!!!

AGES 50+

REGISTER NOW ONLINE AT
LAPARKS.ORG,
IN PERSON AT THE
OFFICE, OR BY PHONE
310-649-3317

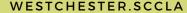
"ONE-ON-ONE ASSISTANCE"



ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION.

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN

KE 30 DAYS OR LONGER, PLEASE SUBMIT YOU CCOMMODATION AS SOON AS POSSIBLE.







CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

WESTCHESTER SENIOR CENTER

8740 LINCOLN BLVD, LOS ANGELES, CA 90045

(310) 649-3317/ WESTCHESTER.SCC@LACITY.ORG

Blocking the Punches

With Jane Singer & Jessica Masser

TUESDAYS
10:30 -11:30AM
FEB 4 - 25

Join Jane & Jessica in this 4 week Senior Self Defense class where you will learn Self defense techniques and abduction prevention. A must for everyone!



REGISTER NOW - ONLINE AT LAPARKS.ORG, IN PERSON AT THE OFFICE, OR BY PHONE 310-649-3317



ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION.
PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE
ACOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME
ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN
ACCOMMODATION AS SOON AS POSSIBLE.

WESTCHESTER.SCCLA



OS ANGELES DEPARTMENT OF RECREATION & PARKS

WESTCHESTER SENIOR CENTER

8740 LINCOLN BLVD, LOS ANGELES, CA 90045
(310) 649-3317/ WESTCHESTER.SCC@LACITY.ORG

Tech Help Workshop With BRIDGE

JOIN THE BRIDGE PROGRAM IN THIS CLASS FOR ANDROID USERS TO GET COMFORTABLE WITH YOUR TECH!

JAN 14 - MAR 4 12PM-1PM TUESDAYS

\$FREE FOR MEMBERS

REGISTER NOW - ONLINE AT LAPARKS.ORG, IN PERSON AT THE OFFICE, OR BY PHONE 310-649-3317



ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN

ACCOMMODATION AS SOON AS POSSIBLE.





CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS WESTCHESTER SENIOR CENTER

8740 LINCOLN BLVD, LOS ANGELES, CA 90045 (310) 649-3317/ WESTCHESTER.SCC@LACITY.ORG

WESTCHESTER SENIOR CENTER & REC CENTER

INTRO TO SPANISH

Join Carmen in this introduction to the spanish language. Build confidence through games and communication with your peers. Develop your talking skills, all while exercising your brain!

INSTRUCTOR: CARMEN

LOCATION: SENIOR CENTER

Members \$20 Non-Members \$40

Jan 15 - Mar 5 Wednesays 6:00-7:00pm REGISTER NOW ONLINE AT
LAPARKS.ORG,
IN PERSON AT THE
OFFICE, OR BY
PHONE 310-649-3317





REC & PARKS

CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

WESTCHESTER SENIOR CENTER

8740 LINCOLN BLVD, LOS ANGELES, CA 90045 (310) 649-3317/ WESTCHESTER.SCC@LACITY.ORG

OTAR, UELEE

\$150 / 8 WEEKS

2:00-7:00PM

TUES / WEDS/ THURS

PRIVATE 1: 1 LESSONS

25 MINUTE LESSONS

BEGINS WEEK OF JAN 13

REGISTER NOW - ONLINE AT LAPARKS.ORG, IN PERSON AT THE OFFICE, OR BY PHONE 310-649-3317

0

ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION.
PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE
ACOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME
ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN





Brain Fitness With Kirstin

ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION.

MEMBERS SFREE **NON-MEMBERS** \$15

JOIN US FRIDAYS TO PLAY GAMES, EXPAND YOUR MIND, AND LEARN VARIOUS TRICKS TO KEEP SHARP

1/17 - 3/7

FRIDAYS 12PM

REGISTER AT LAPARKS.ORG

PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.

310-649-3317