

310) 670-7473



"Achieving gender equity through continuous commitment to girls and women in sports."

Play LA Youth and Adaptive Youth Sports Program is made possible by LA28 Olympic and Paralympic Games. Waiver available for those who qualify, ask for details.

Westchester RC - Winter Season '25



WRC 2025 Winter Class List

MONDAY | No Classes 1/20 & 2/17

| PROGRAM | AGES | TIME | FEE | DATES |
|----------------------------------|---------|------------------|-------|---------------------|
| Knitting & Crotchet for Adults | 18 & Up | 9:00am - 12:00pm | \$75 | 01/06/25 - 03/24/25 |
| Winter Meditation Group | 40+ | 9:00 - 10:00am | Free | 01/06/25 - 03/24/25 |
| Winter Artists Way | 40+ | 10:30-11:30am | Free | 01/06/25 - 03/24/25 |
| Winter Grief and Loss Group | 40+ | 2:30 - 3:30pm | Free | 01/06/25 - 03/24/25 |
| Skateboarding I. (Beginner) | 6-8 | 4:00 - 4:45pm | \$90 | 01/13/25 - 03/17/25 |
| Skateboarding II. (Intermediate) | 6-8 | 5:00 - 5:45pm | \$90 | 01/13/25 - 03/17/25 |
| Karate for Kids | 7 - 12 | 5:00 - 6:00pm | \$100 | 01/13/25 - 03/17/25 |
| Skateboarding II. (Intermediate) | 9-12 | 6:00 - 6:45pm | \$90 | 01/13/25 - 03/17/25 |
| Bachata with Dania | 18 & up | 6:00 - 7:00pm | \$80 | 01/13/25 - 03/17/25 |
| MMA For Fitness & Self Defense | 18 & Up | 7:00 - 8:30pm | \$90 | 01/13/25 - 03/17/25 |

TUESDAY

| | | | | |
|---------------------------------|---------|-----------------|--------|----------------------------|
| Tiny Tot Open Gymboree | 1.5 - 5 | 10:00am-12:00pm | \$10/m | Tues/Thurs : 01/14 - 03/27 |
| Private Guitar or Piano Lessons | 7 & Up | 2:00 - 7:00pm | \$150 | 01/14/25 - 03/04/25 |
| Fusion Mat Pilates | 18 & Up | 6:00 - 6:45pm | \$90 | 01/14/25 - 03/04/25 |

WEDNESDAY *All Music Classes are 25 minutes each*

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|---------------------------------|--------|---------------|-------|---------------------|
| Private Guitar or Piano Lessons | 7 & Up | 2:00 - 7:00pm | \$150 | 01/15/25 - 03/05/25 |
| Spanish for Kids | 6 - 9 | 4:00 - 4:45pm | \$100 | 01/15/25 - 03/05/25 |
| Improv for Kids | 7 - 9 | 5:00 - 6:00pm | \$90 | 01/15/25 - 03/05/25 |
| Skateboarding I. (Beginner) | 8 - 12 | 5:00 - 5:45pm | \$100 | 01/15/25 - 03/05/25 |
| Beginner Lacrosse | 8 - 10 | 5:30 - 6:30pm | \$90 | 01/15/25 - 03/05/25 |
| Spanish for Adult | 16+ | 6:00 - 6:45pm | \$100 | 01/15/25 - 03/05/25 |

THURSDAY *All Music Classes are 25 minutes each*

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|-----------------------------------|---------|-----------------|--------|----------------------------|
| Private Guitar or Ukulele Lessons | 7 & Up | 3:00 - 7:00pm | \$150 | 01/16/25 - 03/06/25 |
| Tiny Wheels Skateboarding | 4 - 5 | 4:00 - 4:45pm | \$90 | 01/16/25 - 03/06/25 |
| Tiny Tot Open Gymboree | 1.5 - 5 | 10:00am-12:00pm | \$10/m | Tues/Thurs : 01/14 - 03/27 |
| Skateboarding I. (Beginner) | 6 - 8 | 5:00 - 5:45pm | \$90 | 01/16/25 - 03/06/25 |
| Skateboarding II. (Beginner) | 9 - 12 | 6:00 - 6:45pm | \$90 | 01/16/25 - 03/06/25 |

FRIDAY *All Music Classes are 25 minutes each*

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|-----------------------------------|---------|-----------------|-------|---------------------|
| Private Guitar or Ukulele Lessons | 7 & Up | 9:30am-1:00pm | \$150 | 01/17/25 - 03/07/25 |
| Gentle Yoga | 18 & Up | 10:15 - 11:15am | \$90 | 01/17/25 - 03/07/25 |
| Skateboarding I. (Beginners) | 6 - 8 | 4:00 - 4:45pm | \$90 | 01/17/25 - 03/07/25 |
| GPLA Girls on Wheels I. | 6-8 | 4:00 - 4:45pm | \$90 | 01/17/25 - 03/07/25 |
| GPLA Girls on Wheels II. | 7 - 9 | 5:00 - 5:45pm | \$90 | 01/17/25 - 03/07/25 |
| GPLA Girls on Wheels II. | 9 - 12 | 5:00 - 5:45pm | \$90 | 01/17/25 - 03/07/25 |
| GPLA Girls on Wheels III. | 10 - 12 | 6:00 - 6:45pm | \$90 | 01/17/25 - 03/07/25 |

SATURDAY

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|--------------------------|--------|-----------------|-------|---------------------|
| Yoga Flow | 18+ | 9:00 - 10:00am | \$90 | 01/18/25 - 03/08/25 |
| Karate I. | 7 - 12 | 10:00 - 11:00am | \$100 | 01/18/25 - 03/08/25 |
| Skateboarding for Adults | 18+ | 12:00 - 1:00pm | \$120 | 01/18/25 - 03/08/25 |

REFUND POLICY: AFTER THE WEDNESDAY PRIOR TO THE WEEK EACH SESSION BEGINS, NO REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE SENIOR CENTER. A 15% ADMINISTRATIVE FEE WILL BE ASSESSED BY THE CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS FOR ANY PATRON GRANTED A REFUND. ALL REFUND REQUESTS MUST BE SUBMITTED VIA A REFUND REQUEST FORM. THERE ARE NO REFUNDS OR CREDITS FOR MISSED DAYS.

Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements.

