



# LEARN-TO-SWIM!

## Registration Information



**Cost: \$10**

Youth Lessons (4-17 years old): Free  
Adult Lessons (18+ years old): \$30

- Lessons are 25 minutes in length..
- Fees must be paid at the time of registration. NO EXCEPTIONS.
- Make checks payable to:  
L.A. City Department of Recreation and Parks
- No refunds unless session is cancelled.
- All refunds will be assessed an administration fee of 10%.

## Registration Dates

- Session 1: January 4 @ 9:00 a.m.
- Session 2: February 1 @ 9:00 a.m.
- Session 3: March 1 @ 9:00 a.m.
- Session 4: March 29 @ 9:00 a.m.
- Session 5: April 26 @ 9:00 a.m.



### Tuesday & Thursday Classes

### Wednesday & Friday Classes

### Weekend Classes

Adv. Beginner	4:05 p.m. - 4:30 p.m.	Beginner	4:05 p.m. - 4:30 p.m.	Persons w/Disability	1:05 p.m. - 1:30 p.m.
Intermediate	4:05 p.m. - 4:30 p.m.	Water Confidence	4:35 p.m. - 5:00 p.m.	Water Confidence	1:35 p.m. - 2:00 p.m.
Water Confidence	4:35 p.m. - 5:00 p.m.	Intermediate	5:05 p.m. - 5:30 p.m.	Beginner	2:05 p.m. - 2:30 p.m.
Beginner	5:05 p.m. - 5:30 p.m.	Adv. Beginner	5:30 p.m. - 6:00 p.m.	Pre-School Aquatics	2:35 p.m. - 3:00 p.m.
Pre-School Aquatics	5:35 p.m. - 6:00 p.m.	Adult Beginner	6:05 p.m. - 6:30 p.m.	Adv. Beginner	3:05 p.m. - 3:30 p.m.
		Inter/Adv. Adult	6:35 p.m. - 7:00 p.m.	Swimmers	3:35 p.m. - 4:00 p.m.
				Adult Beginner	4:05 p.m. - 4:30 p.m.

### Tuesday & Thursday Dates

### Wednesday & Friday Dates

### Weekend Dates

	Start Date	End Date		Start Date	End Date		Start Date	End Date
Session 1	January 7	January 30	Session 1	January 8	January 31	Session 1	January 4	January 26
Session 2	February 4	February 27	Session 2	February 5	February 28	Session 2	February 1	February 22
Session 3	March 4	March 27	Session 3	March 5	March 28	Session 3	March 1	March 23
Session 4	April 1	April 24	Session 4	April 2	April 25	Session 4	March 29	April 20
Session 5	April 29	May 23	Session 5	April 30	May 23	Session 5	April 26	May 18

## WATER AEROBICS

Shallow Water Exercise for swimmers and non swimmers. Increases flexibility range of motion & provides a cardiovascular workout.

### Walk-in:

Adults \$5.00  
Adults 50+ \$4.00



### Series (10 Classes):

Adults \$45.00  
Adults 50+ \$35.00

**Tuesday & Thursday: 6:00 p.m.-6:45 p.m.**

**Wednesday & Friday: 1:00p.m. -1:45 p.m.**

## PRIVATE & SEMI-PRIVATE LESSONS

Private & Semi Private lessons provided personalized instruction to adults or youth ages 4 and older. Lessons are 25 minutes in length. *Must register for a minimum of four lessons.*

**See Manager for more details & availability.**



**Private Lessons: 4 private lessons, \$108.00**

**Semi-Private Lessons (2 students): 4 private lessons, \$160.00**

## YOUTH TEAM SPORTS

**Cost: \$10**

**MUST DEMONSTRATE INTERMEDIATE-LEVEL 4 SWIMMING SKILLS.**

**Ages: 7-17**

Designed for entry-level competitors', proof of age required at time of registration. Participants will compete in a Department-sponsored league. All meet times and locations will be announced at facility prior to event.

**Registration: January 25 @ 9:00 a.m.**

**Length of Season: January 31- May 19**



### Swim Team

Tuesday-Friday  
6:00 p.m.-7:00 p.m.



### Artistic Swim Team

Tuesday & Thursday  
5:00 p.m.-6:00 p.m.



### Water Polo Team

Wednesday & Friday  
5:00 p.m.-6:00 p.m.



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