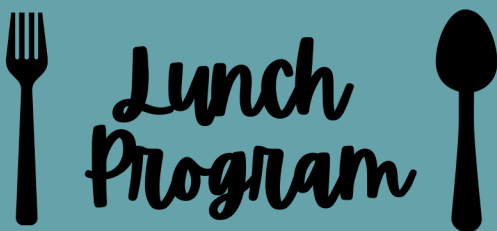


SCOPE OF OUR PROGRAMS

At Sunland Senior Center, our mission is to provide a secure and welcoming haven where seniors can find a sense of belonging and love within their community. Our primary goal is to cultivate an active and healthy environment that encourages the formation of lasting friendships.

Persons with disabilities are welcomed to participate in our classes and programs. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.



Lunch is served! Join us
Monday through Friday
11:30am - 12:30pm

Suggested donation guide:
Under 60 years old: \$8.10
Over 60 years old: \$3.10
Coffee Served Daily

EVENT SPACE RENTAL

INQUIRE ABOUT RATES AND RENTALS

Starting from as low as:
\$ 2 5 / H O U R
plus \$50/\$100 REFUNDABLE
deposit required for all
bookings depending on hours.

I N C L U D E D :

Two multiple stall restrooms
Semi-private outdoor access

A D D O N S :

Kitchen Access
Tables and chairs
Serve refreshments



SUMMER SCHEDULE

SUNLAND SENIOR CENTER

JULY - AUGUST
SEPTEMBER
2024

8640 FENWICK STREET
SUNLAND, CA 91040
(818) 353-9571
LAPARKS.ORG/SCC/SUNLAND

8 WEEK COURSES

STARTING THE WEEK OF JULY 8TH

ENDING THE WEEK OF AUGUST 30TH

Musical Theater Workshop

8:30a-9:30a INSTRUMENTAL

9:30a-10:30a VOCALS

10:15a-11:00a DANCE

11:30a-11:50a THEATER

Take one or all classes with
Miss Cynthia

Music & Movement

Wednesdays

10:15am - 11:30am

Walk and Tone

Thursdays

9:30am - 10:15am

Art Hour

Thursdays

10:30am - 11:30am

ALL CLASSES ARE
BY DONATION

ONGOING PROGRAMS

Country Line Dancing

Mondays & Fridays

12:00pm-1:30pm

\$5 per class

Bingo Bonanza

Tuesdays

10:00am - 11:30am

.25¢ per card

Bollywood Yoga

Wednesdays

9:15am - 10:00am

Movie Matinee

Thursdays

1:00pm

Enjoy with Popcorn and coffee

Follow-Along Workout

Fridays

10:00am-11:00am

Video workout

SUMMER EVENTS

Ice Cream Social



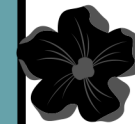
July 11th @ 11:30am

Have a sweet start to summer with an full ice cream bar.

Let's Luan

August 22nd @ 10:00am

Hula and have fun with a tropical twist.



Hollywood glam

September 12th @ 10:30am

Come dressed in your best for an elegant dinner.

