

SILVER LAKE RECREATION CENTER 1850 W. SILVER LAKE DRIVE LOS ANGELES, CA 90026 323-644-3946



STRENGTH TRAINING AND YOGA

Tuesday & Thursday 10:00am-12:00pm



BE STRONG,
BE FIT, AND
BE HEALTHY.

\$ 7 per class \$40 for the month

Register online at www.laparks.org/Silverlake or in person at our main office.

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