



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS
SHADOW RANCH RECREATION CENTER
22633 VANOWEN ST. WEST HILLS, CA 91307 (818) 883-3637
SHADOWRANCH.RECREATIONCENTER@LACITY.ORG



INTRO TO SPORTS

AGES 3-5
TUESDAYS / THURSDAYS
12:15-1:15 P.M.
\$90/ ONCE A WEEK
\$180/ TWICE A WEEK

COACH: SABRINA

KIDS GET TO EXPLORE AND LEARN THE BASICS OF MULTIPLE SPORTS SUCH AS SOCCER, TENNIS, AND MORE. WE SEEK TO MAKE PARTICIPANTS COMFORTABLE WITH PHYSICAL ACTIVITY BY CREATING A WELCOMING ENVIRONMENT THAT LETS KIDS EASE INTO THE COMMITMENT OF MORE ORGANIZED SPORTS.

BRING WATER AND CLOSED TOE SHOES

FIRST TUESDAY STARTS: JANUARY 14
FIRST THURSDAY STARTS: JANUARY 16

PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games. Waivers available for those who qualify, ask for details.

Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible. Programs are subject to change or cancellation without notice. No refunds will be issued unless the program is cancelled by the facility.