



FALL CLINICS * 2024



**GPLA
CO-ED
SELF
DEFENSE**

INSTRUCTION - AGES 5-17

Saturdays - 11/16, 11/23 & 12/7 - 9am-11am - Girls
Saturdays - 12/7, 12/14 & 12/21 - 9am-11am - Co-Ed

**\$10
per
clinic**

**GPLA
FLAG
FOOTBALL**

SKILLS CLINIC

Saturdays - 10/5, 10/12 & 10/19
2:30pm-4:30pm * Ages 7-17



**GPLA
SOFTBALL**

SKILLS CLINIC

Mondays - 10/7, 10/21 & 10/28 - Ages 7-12
Wednesdays - 10/9, 10/16, 10/23 - Ages 13-17

**\$10
per
clinic**

**GPLA
BASKETBALL**

DRILLS & SKILLS CLINIC

Saturdays - 10/26, 11/2 & 11/9
10:00am - 12:00pm * Ages 7-17



**CO-ED
BASKETBALL**

DRILLS & SKILLS

Saturdays - 10/26, 11/2 & 11/9 - 12pm-2pm - Ages 7-8
2pm-4pm - Ages 9-10 * 4pm-6pm - Ages 11-15

**CO-ED
BASEBALL**

SKILLS CLINIC

Wednesdays - 10/9, 10/16 & 10/23
6pm-8pm - Ages 8-15



**CO-ED
PICKLE BALL**

INTRODUCTION PLAY

Saturdays - 12/7, 12/14 & 12/21
8am - 10am * Ages 6-15

**\$10
per
clinic**