

CITY OF LOS ANGELES RECREATION AND PARKS



\$10
per
participant

**Michelle and Barack Obama Sports Complex
at Rancho Cienega Recreation Center
5001 Obama Blvd, Los Angeles, CA 90016**

FALL CLASSES AT-A-GLANCE

All classes are a total of 8 occurrences

CLASSES	TIMES	AGES	
GPLA Fundamentals Boxing	Monday 10/7 - 12/9	6pm - 7pm	8 - 17
GPLA Fitness Boxing	Monday 10/7 - 12/9	7pm - 8pm	8 - 17
Tiny-Tots Athletes (Circuit Sports Training)	Tuesday 10/10 - 12/5	5pm - 6pm	3 - 4
Beginners Basketball Fundamentals	Tuesday 10/8 - 11/26	6pm - 7pm	9 - 17
Beginners Basketball Fitness	Tuesday 10/8 - 11/26	7pm - 8pm	9 - 17
Advance Fundamentals Boxing	Wednesday 10/9 - 11/27	6pm - 7pm	8 - 17
Advance Fitness Boxing	Wednesday 10/9 - 11/27	7pm - 8pm	8 - 17
Advanced Basketball	Thursday 10/10 - 12/5	7pm - 8pm	9 - 17
GPLA Basketball Fundamentals	Friday 10/11 - 12/6	6pm - 7pm	9 - 17
GPLA Basketball Fitness	Friday 10/11 - 12/6	7pm - 8pm	9 - 17
Beginners Fundamentals Boxing	Friday 10/11 - 12/6	6pm - 7pm	5 - 17
Beginners Fitness Boxing	Friday 10/11 - 12/6	7pm - 8pm	5 - 17
GPLA Beginners Gymnastics	Saturday 10/12 - 11/30	1pm - 2pm	5 - 7
GPLA Intermediate Gymnastics	Saturday 10/12 - 11/30	2pm - 3pm	5 - 10



Call for more information 323-290-3141

PlayLA Youth and Adaptive Sports Program is made possible by the LA28 Olympic and Paralympic Games, allowing youth to participate for \$10. Waivers are available, ask for details. Persons with disabilities are welcomed to participate in our programs. Reasonable accommodations will be made with prior arrangements. Activities and programs may be subject to change or cancellation.