



Lincoln Heights Rec Center



2303 WORKMAN STREET LOS ANGELES, CA 90031
(323) 225-2838 LINCOLNHEIGHTSRC@LACITY.ORG

\$10

8 WEEK CLASS / 3 DATE CLINIC SESSIONS

PlayLA Classes

CLASSES	AGES	DAYS	TIMES	LOCATION
SOCCER SKILLS -ROOKIES	5-6	MONDAY	4:00 PM	FIELD
SOCCER SKILLS- PEEWEES	7-8	MONDAY	5:00 PM	FIELD
SOCCER SKILLS- MINORS	9-10	TUESDAY	5:00PM	FIELD
SOCCER SKILLS- MAJORS	11-12	TUESDAY	6:00PM	FIELD
DODGEBALL	6-11	FRIDAY	4:00PM	GYM
SOCCER DRILLS- JUNIORS	13-15	FRIDAY	6:00PM	FIELD

GPLA- Girls Only Classes

CLASSES	AGES	DAYS	TIMES	LOCATION
GPLA -LITTLE SPIKERS	7-10	MONDAY	4:00PM	GYM
GLPA - DANCE	5-7	TUESDAY	4:00PM	GYM
GPLA- YOGA	7-12	WEDNESDAY	5:00PM	GYM
GPLA- SOCCER SKILLS	7-12	THURSDAY	6:00PM	FIELD

Clinics- 3 Dates/ 2 Hours Each

CLINICS	AGES	1ST DATE	2ND DATE	3RD DATE	TIME
SOCCER CONDITIONING PEEWEES & ROOKIES	5-8	SAT 8.17.24	SAT 8.24.24	SAT 8.31.24	9:30 AM-11:30 AM
SOCCER CONDITIONING - MINORS	9-10	SAT 8.17.24	SAT 8.24.24	SAT 8.31.24	9:30 AM-11:30 AM
SOCCER CONDITIONING - MAJORS	11-12	SAT 8.17.24	SAT 8.24.24	SAT 8.31.24	9:30 AM-11:30 AM
SOCCER CONDITIONING - JUNIORS	13-15	THURS 8.15.24	THURS 8.22.24	THURS 8.29.24	7:00PM-9:00PM

REGISTRATION BEGINS: 6/3/2024 - CLASSES AND CLINICS RUN FOR 8 WEEKS BETWEEN: 7/8/24 THROUGH 8/31/24.

ACHIEVING GENDER EQUITY THROUGH CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS.

REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.

FULL REFUNDS ARE ONLY ISSUED WHEN THE RECREATION CENTER CANCELS THE ACTIVITY. A 15% CANCELLATION FEE IS ASSESSED FOR ALL REFUNDS.

PROGRAMS ARE SUBJECT TO CHANGE OR BE CANCELLED



FITNESS CLASSES & CLINICS 2024

Summer

Register Here

