## CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS LAKE STREET COMMUNITY CENTER

227 N. Lake Street, CA 90026 | 213-207-2196 | lakestreet.communitycenter@lacity.org



## **Beginning Chair Exercise Class**

PER **MONTH** 

**Every Tuesday** From 11:30 AM to 12:30 PM



"PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE."

Classes are subject to change or cancellation without prior notice.

No refunds will be issued unless the program is cancelled by Community Center.

Persons with disabilities are welcomed to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer.

Please submit your request for an accommodation as soon as possible.