

Jim Gilliam Recreation Center  
4000 South La Brea Ave

# Teen Fitness/Weightlifting

\$10

AGES: 12-17

Registration  
Begins  
12/2/24

Classes  
begin  
Friday  
1/17/25  
5pm-6pm



**Get in shape and  
sculpt your body!**

PLayLa youth and adaptive sports programs is made possible by the LA28 Olympic and Paralympic games. Allowing youth to participate at \$10. Waivers are available, ask for details.

