

Thursday, January 2

- Yucatan Salmon
- Black Beans
- Plantains
- Tricolor Quinoa

Friday, January 3

- **Mexicali Chicken and Rice Bowl**
- Corn
- Red Bell Pepper and Onions

Monday, January 6

- **Ginger Orange Tofu Bowl**
- Pickled Red Cabbage
- Shredding Carrots
- Applesauce

Tuesday, January 7

- **Mananeros Bowl**
- Sweet Potato
- LS Tortilla Strips
- Kiwi

Wednesday, January 8

- **Lemon Maple Salmon**
- Shredded Carrots
- Steamed Broccoli
- LS Edamame

Thursday, January 9

- **Chicken Enchilada Rotini**
- Roasted Red Peppers
- LS Black Beans
- Mandarins

Friday, January 10

- **Cauliflower Romesco Tofu**
- Roasted Seasoned Cauliflower
- Pickled Red Cabbage
- Tumeric Citrus WW Couscous

Monday, January 13

- **Breakfast for Lunch**
- Sweet Potato
- Cooked Oats
- Pineapple

Tuesday, January 14

- **Chicken Curry Bowl**
- Yukon Potatoes
- Roasted Carrots
- Kiwi

Wednesday, January 15

- **Turkey Taco Bowl**
- Sweet Potato
- Cooked Oats
- Pineapple

Thursday, January 16

- **Creamy Lemon Broccoli Pilaf**
- Chickpeas
- Broccoli
- Peaches

Friday, January 17

- **Pesto Chicken Pasta**
- Baby Spinach
- Diced Fresh Roma Tomatoes
- Basil/ Arugula Pesto

Monday, January 20

**CLOSED
MLK JR DAY**

Tuesday, January 21

- **Pulled Pork Bowl**
- Broccoli
- Peppers & Onions
- Peaches

Wednesday, January 22

- **Chimichurri Chicken Bowl**
- Spinach
- Diced Tomato
- Mandarin

Thursday, January 23

- **Yucatan Salmon**
- Blacked Beans
- Corn Salsa
- Plantains

Friday, January 24

- **Thai Red Curry**
- Roasted Carrots
- Broccoli
- Green Onion

Monday, January 27

- **Egg w/ Cheese Garnish**
- Sweet Potato
- Orange
- Whole Grain English Muffin

Tuesday, January 28

- **Calabacitas con Pollo**
- Roasted Squash
- Mixed Fruit
- Cilantro Brown Rice

Wednesday, January 29

- **Turkey Taco Bowl**
- LS Black Beans
- Roasted Corn Salad
- Peaches

Thursday, January 30

- **Vegan Yakisoba Noodle Bowl**
- Spinach Carrot & Cabbage Blend
- Red Bell Pepper

Friday, January 31

- **Mexicali Chicken Bowl**
- Corn
- Red Bell Pepper and Onions
- Brown Rice

- Menu subject to change
- \$3 suggested donation

