

City of Los Angeles Department of Recreation and Parks

FAIRFAX SENIOR CITIZENS CENTER

7929 Melrose Ave Los Angeles 90046 | (323) 653-1824 | <https://LAparks.org/scc/fairfax>

PERSONAL TRAINING

**\$5.00
PER WORKOUT**



SIMPLE, EASY MOVES FOR IMPROVEMENT

FRIDAY 12:30PM TO 1:30PM

RESERVE YOUR TIME SLOT FOR A 20 MINUTE PERSONAL TRAINING WITH MARUCA TODAY. ONLY 3 PEOPLE PER DAY.

**SCHEDULE
YOUR
20 MINUTE
PERSONAL
TRAINING**

**REPEAT
YOUR
WORKOUT OR
TREATMENT
AT HOME**

**COME
BACK NEXT
WEEK TO
REVIEW AND
DISCUSS**

**COUNCILWOMAN
KATY YAROSLAVSKY**
LOS ANGELES COUNCIL DISTRICT 5



Mayor Karen Bass

**FULL REFUNDS WILL NOT BE GIVEN UNLESS TRAINING IS CANCELLED BY THE CENTER.
PROGRAMMING SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE.
PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS.
REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENT.**