



LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

FAIRFAX SENIOR CITIZEN CENTER

7929 Melrose Ave LA 90046 | (323) 653-1824 | LAparks.org/scc/fairfax

ARTHRITIS FITNESS CLASSES

with Cesar



SIGN-UP TODAY MAXIMUM 20 PEOPLE

MUST BE A MEMEBER OF THE CENTER TO JOIN

**EVERY MONDAY
12:30PM TO 1:30PM**



Mayor Karen Bass

COUNCILWOMAN

KATY YAROSLAVSKY

LOS ANGELES COUNCIL DISTRICT 5

PROGRAMMING SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE.
PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS.
REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENT.