

FAIRFAX SENIOR CENTER

7929 Melrose Ave Los Angeles 90046 | (323)653-1824



Active Aging

Cardio, Stretching & Relaxation

Friday 12:30PM to 1:30PM

You can do either Cardio, Stretching or Relaxation individually or do it all!!!

Time will be spent on each participants capabilities

\$15 per month
or \$5 per Class

Sign up today!
Maximum 7 people per class

Mayor Karen Bass



COUNCILWOMAN
KATY YAROSLAVSKY
LOS ANGELES COUNCIL DISTRICT 5

FULL REFUNDS WILL NOT BE GIVEN UNLESS EVENT IS CANCELLED BY THE CENTER. A 15% ADMINISTRATIVE FEE WILL BE ADDED TO ALL REFUNDS. PROGRAMMING SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENT.