



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p><b>FOR MORE INFORMATION:</b> Ahmanson Senior Center 3990 Bill Robertson Ln. Los Angeles, CA 90037 213.763.0119 www.laparks.org/expo Facebook.com/expocenterla</p>	<p><b>IMPORTANT ANNOUNCEMENT</b> <i>MONTHLY MEMBERSHIP IS REQUIRED TO PARTICIPATE IN SENIOR CLASSES AND EVENTS</i></p>			<p><b>1</b> CRAFT CLUB 10am-12pm Book Club 12:30pm- 2:30pm Yoga 11 am-12pm African Dance and Drumming 12:30pm-1:30pm</p>	<p><b>2</b></p>
<p><b>4</b> Computer Class 9:30am-11am(beginners) Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm</p>	<p><b>5</b> MAMBO CLASS 9:30am-1030am English Now(ESL) 10am-12pm SALSA CLASS 11am-12pm Circuit Training 11:00am-12:00pm</p>	<p><b>6</b> Self Defense Class 9am Computer Class(returners) 9:30am-11am KNITTING &amp; QUILTING 10am-3pm Beginner SALSA CLASS 11am-12pm CREATIVE WRITING 11am-1pm Music Class 10am-12pm</p>	<p><b>7</b> <b>Neurodevelopmental Disorders Role of Caregivers Presentation 12pm</b> MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Smart Phone Class iPhone 9am/Android 10:30am Square Dance 7:30pm-9pm</p>	<p><b>8</b> CRAFT CLUB 10am-12pm Book Club 12:30pm- 2:30pm Yoga 11 am-12pm African Dance and Drumming 12:30pm-1:30pm</p>	<p><b>9</b></p>
<p><b>11</b> Facility Closed Veterans Day</p>	<p><b>12</b> MAMBO CLASS 9:30am-1030am English Now(ESL) 10am-12pm SALSA CLASS 11am-12pm Circuit Training 11:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm</p>	<p><b>13</b> Self Defense Class 9am Computer Class(returners) 9:30am-11am KNITTING &amp; QUILTING 10am-3pm Beginner SALSA CLASS 11am-12pm CREATIVE WRITING 11am-1pm Music Class 10am-12pm</p>	<p><b>14</b> <b>Thanksgivings Turkey Bowl 12pm</b> MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Smart Phone Class iPhone 9am/Android 10:30am Square Dance 7:30pm-9pm</p>	<p><b>15</b> CRAFT CLUB 10am-12pm Book Club 12:30pm- 2:30pm Yoga 11 am-12pm African Dance and Drumming 12:30pm-1:30pm</p>	<p><b>16</b></p>
<p><b>18</b> Computer Class 9:30am-11am(beginners) Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm</p>	<p><b>19</b> MAMBO CLASS 9:30am-1030am English Now(ESL) 10am-12pm SALSA CLASS 11am-12pm Circuit Training 11:00am-12:00pm</p>	<p><b>20</b> Self Defense Class 9am Computer Class(returners) 9:30am-11am KNITTING &amp; QUILTING 10am-3pm Beginner SALSA CLASS 11am-12pm CREATIVE WRITING 11am-1pm Music Class 10am-12pm</p>	<p><b>21</b> <b>Movie of the Month 12pm</b> MAMBO MANIA 9:30am-10:30am English Now(ESL)10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Smart Phone Class iPhone 9am/Android 10:30am Square Dance 7:30pm-9pm 7:30pm-9pm</p>	<p><b>22</b> CRAFT CLUB 10am-12pm  Yoga 11 am-12pm  African Dance and Drumming 12:30pm-1:30pm</p>	<p><b>23</b></p>
<p><b>25</b> Computer Class 9:30am-11am(beginners) Art Class 10:00am-12:00pm Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm</p>	<p><b>26</b> MAMBO CLASS 9:30am-1030am English Now(ESL) 10am-12pm SALSA CLASS 11am-12pm Circuit Training 11:00am-12:00pm</p>	<p><b>27</b> Self Defense Class 9am Computer Class(returners) 9:30am-11am KNITTING &amp; QUILTING 10am-3pm Beginner SALSA CLASS 11am-12pm CREATIVE WRITING 11am-1pm Music Class 10am-12pm</p>	<p><b>28</b> Facility Closed Thanksgivings</p>	<p><b>29</b> Facility Closed Thanksgivings</p>	<p><b>30</b></p>

# AHMANSON SENIOR CENTER

Fall 2024







## SCHEDULE OF CLASSES/ HORARIO DE CLASES



EXPO CENTER



PARK PROUD LA

MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIERCOLES	THURSDAY JUEVES	FRIDAY VIERNES
<p>Computer Class (Beginners) 9:30 AM - 11AM</p> <p>Art Class 10am-12pm</p> <p>Beginners Line Dance 11am-12pm</p> <p>Line Dance 12:30pm-2:30pm</p>  	<p>MAMBO MANIA 9:30AM-10:30AM</p> <p>English Now(ESL) 10am-12pm</p> <p>SALSA CLASS 11:00AM- 12:00PM</p> <p>CIRCUIT TRAINING 11:00AM-12:00PM</p> 	<p>Self Defense Class 9:00 AM</p> <p>Computer Class (Returners) 9:30 AM - 11AM</p> <p>QUILTING 10:00AM-3:00PM</p> <p>CREATIVE WRITING 11:00AM -1:00PM</p> <p>KNITTING &amp; CROCHETING 10:00AM-3:00PM</p> 	<p>Smart Phone Class iPhone 9am Android 10:30am</p> <p>English Now(ESL) 10am-12pm</p> <p>MAMBO MANIA 9:30AM-10:30AM</p> <p>SALSA CLASS 11:00AM- 12:00PM</p> <p>CIRCUIT TRAINING 11:00AM-12:00PM</p> 	<p>CRAFT CLUB 10:00AM-12:00PM</p> <p>Yoga 11am-12pm</p> <p>Book Club 12:30pm- 2:30pm</p> <p>Beginners Spanish Class 1pm-2:30pm</p> <p>African Dance and Drumming 12:30pm-1:30pm</p> 

### IMPORTANT INFORMATION

Parking Decal **REQUIRED** for EXPO Parking . Request one at the Senior Center Office

Programming can be changed at anytime without notice depending on mandates from the City of Los Angeles

Your patience at this time is greatly appreciated

Understanding Neurodevelopment  
Role of Caregiver Presentation  
Thursday, November 7,2024  
12pm

Facility Closed Veterans Day  
Monday, November 11,2024

Thanksgiving's Turkey Bowl  
Thursday, November 14,2024  
12pm

Monthly Movie  
Thursday, November 21,2024  
12pm

Thanksgiving's Facility Closed  
Thursday and Friday  
November 28,29, 2024

[www.laparks.org/expo](http://www.laparks.org/expo) [facebook.com/expocenterla](https://facebook.com/expocenterla) For more Information/Para mas Informacion:

**MUST BE A MEMBER TO PARTICIPATE. TIENE QUE SER MIEMBRO PARA**