

## AHMANSON SENIOR CENTER





| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY |
|--|--|---|--|--|----------|
| Ahmanson Senior Center<br>3990 Bill Robertson Ln.<br>Los Angeles,CA 90037<br>213.763.0119<br>www.laparks.org/expo                                  | IMPORTANT<br>ANNOUNCEMENT<br>MONTHLY MEMBERSHIP<br>IS REQUIRED<br>TO PARTICIPATE IN<br>SENIOR CLASSES<br>AND EVENTS  | <sup>1</sup> Facility<br>Closed<br>New Years  | 2 MAMBO MANIA<br>9:30am-10:30am<br>English Now(ESL)10am-12pm<br>SALSA CLASS 11am-12pm<br>CIRCUIT TRAINING<br>11am-12pm<br>Square Dance 7:30pm-9pm  | <b>3</b><br>CRAFT CLUB 10am-12pm<br>Beginners Spanish 1pm-230pm  | 4        |
| 6 Computer Class (Beginners)<br>9:30am-11am<br>Art Class<br>10:00am-12:00pm<br>Beginners Line Dance 11am-12pm<br>Line Dance 12:30pm-2:30pm         | <ul> <li>7 MAMBO CLASS<br/>9:30am-1030am<br/>English Now (ESL)<br/>10am-12pm</li> <li>SALSA CLASS11am-12pm<br/>Circuit Training<br/>11:00am-12:00pm</li> </ul> | 8 Self Defense Class 9am<br>CREATIVE WRITING 9AM-11AM<br>Computer Class (Returners)<br>9:30am-11am<br>KNITTING &<br>CROCHETT CLUB<br>QUILTING CLUB<br>10am-3pm<br>Beginner SALSA CLASS<br>11am-12pm                   | 9 MAMBO MANIA<br>9:30am-10:30am<br>iPhone 9am/Android 10:30am<br>English Now(ESL)10am-12pm<br>Music Class 10am-12pm<br>SALSA CLASS 11am-12pm<br>CIRCUIT TRAINING 11am-12pm<br>Square Dance 7:30am-9pm  | <b>10</b> CRAFT CLUB 10am-12pm<br>Book Club<br>12:30pm– 2:30pm<br>Yoga 11 am-12pm<br>African Dance and Drumming<br>12pm-1pm<br>Beginners Spanish 1pm-230pm   | 11       |
| <b>13</b> Computer Class (Beginners)<br>9:30am-11am<br>Art Class<br>10:00am-12:00pm<br>Beginners Line Dance 11am-12pm<br>Line Dance 12:30pm-2:30pm | <ul> <li>MAMBO CLASS<br/>9:30am-1030am</li> <li>English Now(ESL)10am-12pm</li> <li>SALSA CLASS11am-12pm<br/>Circuit Training<br/>11:00am-12:00pm</li> </ul>    | <b>15</b> Self Defense Class 9am-10am<br>Computer Class (Returners)<br>9:30am-11am<br>KNITTING &<br>CROCHETT CLUB<br>QUILTING CLUB<br>10am-3pm<br>Beginner SALSA CLASS<br>11am-12pm                                   | <b>16</b> MAMBO MANIA<br>9:30am-10:30am<br>iPhone 9am/Android 10:30am<br>English Now(ESL)10am-12pm<br>Music Class 10am-12pm<br>SALSA CLASS 11am-12pm<br>CIRCUIT TRAINING 11am-12pm<br>Square Dance 7:30pm-9pm  | <b>17</b> Cabazon Outlets<br>Field Trip 7:30am<br>CREATIVE WRITING 9AM-11AM<br>CRAFT CLUB 10am-12pm<br>Book Club 12:30pm- 2:30pm<br>Yoga 11 am-12pm<br>African Dance and Drumming<br>12pm-1pm<br>Beginners Spanish 1pm-230pm | 18       |
| 20<br>Facility Closed<br>Martin Luther<br>King Jr. Day   | 21 MAMBO CLASS<br>9:30am-1030am<br>English Now(ESL)10am-12pm<br>SALSA CLASS11am-12pm<br>Circuit Training<br>11:00am-12:00pm                                    | 22 Quilting Convention<br>Field Trip 8am<br>Self Defense Class 9am-10am<br>Computer Class (Returners)<br>9:30am-11am<br>KNITTING &<br>CROCHETT CLUB<br>QUILTING CLUB<br>10am-3pm<br>Beginner SALSA CLASS<br>11am-12pm | 23 Matter of Balance<br>12pm-2pm<br>MAMBO MANIA<br>9:30am-10:30am<br>iPhone 9am/Android 10:30am<br>English Now(ESL)10am-12pm<br>Music Class 10am-12pm<br>SALSA CLASS 11am-12pm<br>CIRCUIT TRAINING 11am-12pm<br>Square Dance 7:30pm-9pm                        | 24 CREATIVE WRITING 9am-11am<br>CRAFT CLUB 10am-12pm<br>Book Club<br>12:30pm- 2:30pm<br>Yoga 11 am-12pm<br>African Dance and Drumming<br>12pm-1pm<br>Beginners Spanish 1pm-230pm   | 25       |
| 27 Computer Class (Beginners<br>9:30am-11am<br>Art Class<br>10:00am-12:00pm<br>Beginners Line Dance 11am-12pm<br>Line Dance 12:30pm-2:30pm         | 28 MAMBO CLASS<br>9:30am-1030am<br>English Now(ESL)10am-12pm<br>SALSA CLASS11am-12pm<br>Circuit Training<br>11:00am-12:00pm                                    | 29 Self Defense Class 9am-10am<br>Computer Class (Returners)<br>9:30am-11am<br>KNITTING &<br>CROCHETT CLUB<br>QUILTING CLUB<br>10am-3pm<br>Beginner SALSA CLASS<br>11am-12pm  | 30 AAA Keeping the Keys 12pm<br>MAMBO MANIA 9:30am-10:30am<br>iPhone 9am/Android 10:30am<br>English Now(ESL)10am-12pm<br>Music Class 10am-12pm<br>SALSA CLASS 11am-12pm<br>CIRCUIT TRAINING 11am-12pm<br>Matter of Balance 12pm-2pm<br>Square Dance 7:30pm-9pm | <b>31</b> CREATIVE WRITING 9am-11am<br>CRAFT CLUB 10am-12pm<br>Book Club<br>12:30pm- 2:30pm<br>Yoga 11 am-12pm<br>African Dance and Drumming<br>12pm-1pm<br>Beginners Spanish 1pm-230pm                                      |          |



## **AHMANSON SENIOR CENTER**

## Winter 2025

SCHEDULE OF CLASSES/ HORARIO DE CLASES



|  |  |  |   |   | _ /   |
|--|--|--|---|---|---|
| MONDAY<br>LUNES  | TUESDAY<br>MARTES  | WEDNESDAY<br>MIERCOLES   | THURSDAY<br>JUEVES  | FRIDAY<br>VIERNES   | IMPORTANT   |
| LUNES<br>Computer Class<br>(Beginners)<br>9:30 AM - 11AM<br>Art Class<br>10am-12pm<br>Beginners Line<br>Dance<br>11am-12pm<br>Line Dance<br>12:30pm-2:30pm<br>IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII | MARTES<br>MAMBO MANIA<br>9:30AM-10:30AM<br>English Now(ESL)<br>10am-12pm<br>SALSA CLASS<br>11:00AM-12:00PM<br>CIRCUIT<br>TRAINING<br>11:00AM-12:00PM | MIERCOLES<br>Self Defense Class<br>9:00 AM<br>Computer Class<br>(Returners)<br>9:30 AM - 11AM<br>QUILTING<br>10:00AM - 11AM<br>CREATIVE<br>WRITING<br>11:00AM -1:00PM<br>KNITTING &<br>CROCHETING<br>10:00AM -3:00PM<br>BEGINNER SALSA<br>CLASS<br>11:00AM - 12:00PM | JUEVES<br>Smart Phone Class<br>iPhone 9am<br>Android 10:30am<br>English Now(ESL)<br>10am-12pm<br>MAMBO MANIA<br>9:30AM-12pm<br>MUSIC CLASS<br>10 AM-12PM<br>SALSA CLASS<br>11:00AM-12:00PM<br>CIRCUIT<br>TRAINING<br>11:00AM-12:00PM<br>Matter of Balance<br>12pm-2pm(1/23 to 3/13) | VIERNES<br>CREATIVE<br>WRITING<br>9:00AM-11:00AM<br>CRAFT CLUB<br>10:00AM-12:00PM<br>Yoga<br>11am-12pm<br>Book Club<br>12:30pm– 2:30pm<br>Beginners Spanish<br>Class<br>1pm-2:30pm<br>African Dance and<br>Drumming<br>12:30pm-1:30pm | IMPORTANT<br>INFORMATION         Parking Decal REQUIRED for<br>EXPO Parking . Request one at<br>the Senior Center<br>Office         Programming can be changed a<br>anytime without notice depend-<br>ing on mandates from the City of<br>Los Angeles         Your patience at this time is<br>greatly appreciated         Wednesday., January 1,2025<br>Facility Closed New Year's Day         Friday January 17,2025<br>Cabazon Outlet Field Trip 8am         Wednesday, January 22,2025<br>Quilting Convention Field Trip 8am         Thursday January 30,20245<br>AAA Keeping the Keys 12pm |

wwww.laparks.org/expo

facebook.com/expocenterla For more Information/Para mas Informacion: