



February

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>3 Computer Class (Beginners) 9:30am-11am</p> <p>Art Class 10:00am-12:00pm</p> <p>Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm</p>	<p>4 Bingo with Harmony Services 12pm MAMBO CLASS 9:30am-1030am SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm</p>	<p>5 Self Defense Class 9am-10am Computer Class (Returners) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm</p>	<p>6 MAMBO MANIA 9:30am-10:30am iPhone 9am/Android 10:30am English Now(ESL)10am-12pm Music Class 10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12 Matter of Balance 12pm-2pm Square Dance 7:30am-9pm</p>	<p>7 Creative Writing 9am-11am CRAFT CLUB 10am-12pm Book Club 12:30pm- 2:30pm Yoga 12pm-1pm African Dance and Drumming 1pm-3pm Beginners Spanish 1pm-230pm</p>	<p>8</p>
<p>10 Computer Class (Beginners) 9:30am-11am</p> <p>Art Class 10:00am-12:00pm</p> <p>Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm</p>	<p>11 MAMBO CLASS 9:30am-1030am SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm</p>	<p>12Self Defense Class 9am-10am Computer Class (Returners) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm</p>	<p>13 MAMBO MANIA 9:30am-10:30am iPhone 9am/Android 10:30am Music Class 10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Matter of Balance 12pm-2pm Square Dance 7:30am-9pm</p>	<p>14 Creative Writing 9am-11am CRAFT CLUB 10am-12pm Book Club 12:30pm- 2:30pm Yoga 12pm-1pm African Dance and Drumming 1pm-3pm Beginners Spanish 1pm-230pm</p>	<p>15</p>
<p>17 Facility Closed Presidents Day</p>	<p>18 MAMBO CLASS 9:30am-1030am English Now (ESL) 10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm</p>	<p>19Self Defense Class 9am-10am Computer Class (Returners) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm</p>	<p>20 MAMBO MANIA 9:30am-10:30am iPhone 9am/Android 10:30am English Now(ESL)10am-12pm Music Class 10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Matter of Balance 12pm-2pm Square Dance 7:30am-9pm</p>	<p>21 Creative Writing 9am-11am CRAFT CLUB 10am-12pm Book Club 12:30pm- 2:30pm Yoga 12pm-1pm African Dance and Drumming 1pm-3pm Beginners Spanish 1pm-230pm</p>	<p>22</p>
<p>24 Computer Class (Beginners) 9:30am-11am</p> <p>Art Class 10:00am-12:00pm</p> <p>Beginners Line Dance 11am-12pm Line Dance 12:30pm-2:30pm</p>	<p>25 Black History Month Movie 12pm MAMBO CLASS 9:30am-1030am English Now (ESL) 10am-12pm SALSA CLASS11am-12pm Circuit Training 11:00am-12:00pm</p>	<p>26 Self Defense Class 9am-10am Computer Class (Returners) 9:30am-11am KNITTING & CROCHETT CLUB QUILTING CLUB 10am-3pm Beginner SALSA CLASS 11am-12pm</p>	<p>27 MAMBO MANIA 9:30am-10:30am iPhone 9am/Android 10:30am English Now(ESL)10am-12pm Music Class 10am-12pm SALSA CLASS 11am-12pm CIRCUIT TRAINING 11am-12pm Matter of Balance 12pm-2pm Square Dance 7:30am-9pm</p>	<p>28 Creative Writing 9am-11am CRAFT CLUB 10am-12pm Book Club 12:30pm- 2:30pm Yoga 12pm-1pm African Dance and Drumming 1pm-3pm Beginners Spanish 1pm-230pm</p>	<p>29</p>

FOR MORE INFORMATION:
Ahmanson Senior Center
3990 Bill Robertson Ln.
Los Angeles, CA 90037
213.763.0118
www.laparks.org/expo
[Facebook.com/expocenterla](https://www.facebook.com/expocenterla)

IMPORTANT ANNOUNCEMENT
MONTHLY MEMBERSHIP IS REQUIRED TO PARTICIPATE IN SENIOR CLASSES AND EVENTS

AHMANSON SENIOR CENTER

SPRING 2024

SCHEDULE OF CLASSES/ HORARIO DE CLASES



EXPO CENTER



PARK PROUD LA

MONDAY LUNES

Computer Class
(Beginners)
9:30 AM - 11AM

Art Class
10am-12pm

Beginners Line
Dance
11am-12pm

Line Dance
12:30pm-2:30pm



TUESDAY MARTES

MAMBO MANIA
9:30AM-10:30AM

English Now(ESL)
10am-12pm

SALSA CLASS
11:00AM- 12:00PM

CIRCUIT
TRAINING
11:00AM-12:00PM



WEDNESDAY MIERCOLES

Self Defense
Class 9:00 AM

Computer Class
(Returners)
9:30 AM - 11AM

QUILTING
10:00AM-3:00PM

CREATIVE
WRITING
11:00AM -1:00PM

KNITTING &
CROCHETING
10:00AM-3:00PM

BEGINNER SALSA
CLASS
11:00AM- 12:00PM



THURSDAY JUEVES

Smart Phone Class
iPhone 9am
Android 10:30am

English Now(ESL)
10am-12pm

MAMBO MANIA
9:30AM-10:30AM

MUSIC CLASS
10 AM-12PM

SALSA CLASS
11:00AM- 12:00PM

CIRCUIT
TRAINING
11:00AM-12:00PM

Matter of Balance
12pm-2pm(1/23 to 3/13)



FRIDAY VIERNES

CREATIVE
WRITING
9:00AM-11:00AM

CRAFT CLUB
10:00AM-12:00PM

Yoga
12pm-1pm

Book Club
12:30pm- 2:30pm

Beginners Spanish
Class
1:00pm-2:30pm

African Dance and
Drumming
1:00pm-3:00pm



IMPORTANT INFORMATION

Parking Decal **REQUIRED** for
EXPO Parking . Request one
at the Senior Center
Office

Programming can be changed
at anytime without notice
depending on mandates from
the City of Los Angeles

February 4, 2025
Bingo with Harmony Services
12pm

February 17,2025
Facility Closed Presidents Day

February 25,2025
Black History Month Movie
12pm

MUST BE A MEMBER TO PARTICIPATE. TIENE QUE SER MIEMBRO PARA