SEPTEMBER CALENDAR

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Cal Fresh 2 mtg. 5 Yoga: \$5 (10:15-11:15am) Knitting: (9-11am) Bingo: 9:30-11:30am (9:30-11:00am) **Stop Senior Scams LABOR DAY** Quilting: (11:00am-(\$0.25 per card/6 Acting Grp. 2:00pm) card max) (11am-1:30pm) T.A.G. (Thursday HOLIDAY Chair Yoga: \$5 (Friendly) Poker **Walking Class Acting Group)** (CLOSED) (11:45am-lpm) (1-4:30pm) (10:00am-(10:15-11:15am) (Friendly) Poker (1:00-Flashlight Self-2:30pm) Yoga: \$5 (1-2:30pm) 4:30pm) Defense (2-3pm) 9 11 12 13 **Acting** (11-1:30pm) **Strength & Condition** (9-10am) **Humana** Flashlight Self-Defense 1 16 40 47 72 (10-11:15am) 12 18 6 50 74 7 22 SPACE 49 62 Bridge 12:00-3:00pm 22 46 64 8 17 32 68 6 28 37 54 61 Flashlight **Smart Phone Class** Presentation Self-Defense (2:00-2:45pm) 12:30pm (2-3pm)Afro-Cuban 20 17 16 19 18 Concert **General Member** Mtg. (1pm) *Occurs every 3rd **Thursday** of every month. **Dodgers vs Rockies** @ Hollywood Bowl (8pm) 4:30-11:30pm (\$50) All are welcome. 24 METRO TRIP: **MOVIE DAY** 27 Disaster Prep 26 VENICE/ SANTA (every Last MONICA PIER Wednesday of month) (1:30-4:00pm) **Cooking Class** (1:00-2:30pm) every 4th Tues./\$5 Presentation per month) (12:30-1:45pm) 30 **METRO TRIP: BEVERLY CENER** BEVERLY (Lunch, Shopping, Movies)



10am-4:30pm

Always Available Activities

- Daily class schedule is continuous Monday-Friday.
- Computer Lab is available M-F (10am-3:30pm)
- Wanna get involved? Sign-up to Volunteer, or join our P.A.B.
 (Park Advisory Board) today! Stop by the office to get more information.

