



## CLAUDE PEPPER SENIOR CENTER

## WEEKLY SCHEDULE

MARCH 2025

(310) 559-9677

## MONDAY/LUNES

STRENGTH/CONDITION CLASS (FREE)

9-10AM

FLASHLIGHT SELF-DEFENSE CLASS 10-11:15 AM \$10/MONTH

CLASS (FREE) 12:45-1:30PM

10am-330pm Open Computer Lab

JFS LUNCH PROGRAM 11:30AM-12:30PM (Registration Required)

## TUESDAY/MARTES

BINGO 9:30-11:30AM \$0.25 Cents per Card (6 Card Maximum)

> TUESDAY YOGA CLASS 1:00-2:30PM (\$5 per class)

10am-330pm Open Computer Lab (FREE)

JFS LUNCH PROGRAM 11:30AM-12:30PM Registration Required

#### WEDNESDAY/ MIERCOLES

Knitting (9-11am) (FREE)

QUILTING (11am-2PM) (FREE)

Wednesday Chair Yoga 11:45am-1:00pm (\$5 per class)

Computer Class 2:00-2:45pm (Upon request only)

10am-330pm Open Computer Lab

JFS LUNCH PROGRAM 11:30AM-12:30PM Registration Required

# THURSDAY/JUEVES

Thursday Yoga 9:30-11:00AM (\$5 per class)

> LINE DANCE 1:00-2:00PM (FREE)

Thursday Acting Group (T.A.G.) 10AM-2PM (FREE)

INTRO TO BID WHIST (CARD GAME) 2:00-4:00PM (FREE)

10am-330pm Open Computer Lab

JFS LUNCH PROGRAM

11:30AM-12:30PM

Registration Required

## FRIDAY/VIERNES

Stop Senior Scams Acting (11am-130pm (FREE)

Poker (Friendly Games) 12:30-4:00pm

Intro To Spanish
12:15-1:00pm
Intro To Spanish Plus
1:15-200pm
(classes are \$10/8 week
session)

10am-330pm Open Computer Lab Gourd Art Project

(6 week class) 2:00-3:30pm (FREE)

JFS LUNCH PROGRAM 11:30AM-12:30PM Registration Required

### MONTHLY/ SPECIAL EVENTS

General Member Mtgs. (every 3rd Thurs. of month 1:00pm)

Movie Day
Every last
Wednesday of the
month (FREE) 1:30pm

Metro Trips
Every last Monday of the
month (10am-4:30pm)
(pay own travel and
food costs)

March 24- Metro Trip (Hollywood & Highland) 10am-4:30pm

March 27- San Antonio Winery (1030am-230pm) \$35

## IMPORTANT DATES

Facility Closed

Monday
3/31/25 (Cesar
Chavez Holiday)

Registration required for all programming. Schedule time and dates subject to change.

> Email us at: claudepepper. seniorcenter @lacity.org

Visit our webpage at: www.laparks.org/ scc/claude-pepper