



City Of Los Angeles • Department of Recreation & Parks  
**CHEVIOT HILLS RECREATION CENTER**  
2551 Motor Avenue  
Los Angeles, CA 90064  
(310) 837-5186 • [cheviot\\_hills\\_recreation\\_center@lacity.org](mailto:cheviot_hills_recreation_center@lacity.org)

## **Family Martial Arts Instructor (Recreation Instructor)**

Cheviot Hills is dedicated to promoting fitness, discipline, and family bonding through engaging martial arts programs designed for all ages and skill levels.

### **Description of Duties:**

We are looking for a passionate and skilled Family Martial Arts Instructor to lead classes that cater to children, adults, and families. The ideal candidate will create a welcoming and inclusive environment, helping students of all ages and abilities develop martial arts techniques, physical fitness, and a sense of confidence and discipline.

### **Key Responsibilities:**

- Plan and conduct family-oriented martial arts classes that are engaging and accessible to a range of skill levels and ages.
- Teach techniques in a safe and supportive manner, emphasizing discipline, respect, and teamwork.
- Encourage family participation, fostering an environment of collaboration and bonding.
- Demonstrate and model proper techniques while correcting and guiding students effectively.
- Ensure the safety and well-being of all participants by enforcing rules and monitoring activities.
- Communicate with parents and students about progress, goals, and upcoming events.
- Stay updated on martial arts techniques and trends to enhance instruction.

### **Available Hours:**

Weekdays between 9am and 3pm or 7PM-9PM and Saturdays between 9am-5pm. Seasonal and flexible schedules are available, with weekly hours ranging from 1-10 per, 8-week class session, depending on the programs, responsibilities, and availability. Programs will be created and offered based on candidate's availability.

### **Qualifications:**

Must have strong customer service ability, communication skills, and the capability to take initiative and lead classes. Ability to demonstrate exercises, stand for extended periods, and assist participants with movements as needed. Experience working with a variety of personalities and teaching fitness classes. Proficiency in one or more martial arts disciplines (e.g., Karate, Taekwondo, Judo, Jiu-Jitsu, etc.). Strong understanding of teaching principles and ability to adapt instruction to accommodate various learning styles and abilities. Physical ability to demonstrate martial arts techniques and participate in active instruction. Patience, enthusiasm, and a positive attitude toward teaching and mentoring. Work independently and collaboratively as needed. Commitment to fostering a positive, respectful, and inclusive environment. Ability to problem solve and be flexible to last minute changes. Willingness to follow directions, be on time, and be reliable. First Aid & CPR certification is a plus, but not required.

**To Apply:** Send Resume to:

Kathryne Garcia  
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2551 Motor Avenue, Los Angeles, CA 90064  
(310) 837-5186  
[Kathryne.Garcia@lacity.org](mailto:Kathryne.Garcia@lacity.org)

**Last Day to Apply:** Tuesday, June 30th, 2025