

ADMISSION FEES

Youth.....(Ages 0 - 17).....\$1.00
 Adults.....(Ages 18 - 49).....\$4.00
 Adults.....(Ages 50 & Up).....\$1.00
 Persons with
 Disabilities.....(All Ages).....\$1.00

30 Admissions Pass

Adult Lap (18-49 yrs.).....\$88.00
 (Youth, Adult(Ages 50 & Up), Person
 w/Disability).....\$25.00

ADULT LESSONS - \$30

• Adult Beginner

Help participants gain basic aquatic skills and swimming strokes.

• Adult Advance Beginner

Introduce participants to stroke technique and improve aquatic skills.

WEDNESDAY & FRIDAY

Beginner.....5:05 p.m. - 5:30 p.m.

TUESDAY & THURSDAY

Advance Beginner.....5:05 p.m. - 5:30 p.m.



PRIVATE & SEMI-PRIVATE LESSONS

(Inquire with the Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. The lesson schedule is based on staff availability. Participants must register for a minimum of four lessons.

PRIVATE (1 on 1) 4 lessons = \$108.00

SEMI-PRIVATE (2 students only) 4 lessons = \$160.00

Cancellation or Rescheduling of classes must be requested 2 days prior to upcoming lesson

POOL RULES

Pool employee interpretation of rules shall be final. Entrance is denied to:

- Children under seven (7), unless accompanied by an adult on a one-to-one ratio.
- Children under the age of four (4) without an approved "swim diaper" or plastic pants with elastic around the waist and legs.
- Persons under the influence of alcohol or narcotics.
- Persons with colds, coughs, nasal or eye discharges, skin eruptions, open wounds, open sores, or bandages.

Please check all your valuables with the clerk. Personal property not permitted in the swimming pool or deck area includes:

- Floating apparatus, glass objects, or containers of any kind.
- Sports or swim equipment; scuba equipment.

Soap showers must be taken before entering the pool. Smoking is prohibited.

Eating and/or drinking not allowed (bleacher area & pool deck).

- Only water and/or sports drinks in plastic containers will be allowed on the pool deck.

For the safety of the public, there is **NO**:

- Running on the pool deck.
- Climbing, sitting on, and jumping from benches or guard structures.
- Diving into shallow water.
- Swimming in the diving area.
- Horse playing in the pool at any time.

Hypoxic training or prolonged underwater swimming is not permitted.

Groups or individuals desiring to provide coaching or instruction at City of Los Angeles swimming pools must obtain a permit. Private instruction (one-on-one) is not permissible. Permit guidelines and applications can be obtained online at LAParks.org/aquatics.

Persons with disabilities are welcome to participate in programs and classes. Reasonable accommodations will be provided upon request. To ensure availability, you are advised to make your request at least 72 hours before the program or class you wish to participate.

The classes and programs in this brochure may be subject to cancellation and/or changes.

City of Los Angeles
 Department of Recreation & Parks
 Citywide Aquatics



COMMUNITY POOL

Spring 2025

January 6 - May 24

Recreational Swim

Monday.....4:00 p.m. - 7:00 p.m.
 Tuesday - Friday.....4:00 p.m. - 5:00 p.m.
 Saturday & Sunday.....1:00 p.m. - 5:00 p.m.

Adult Lap Swim

Monday.....4:00 p.m. - 8:00 p.m.
 Tuesday - Friday.....4:00 p.m. - 5:00 p.m.
 Saturday & Sunday.....12:00 p.m. - 5:00 p.m.

Holidays - Pool Closed

Monday January 20 - Martin Luther King Jr. Day
 Monday February 17 - President's Day
 Monday March 31 - Cesar Chavez Day
 Monday May 26 Labor Day

Contact Us

Phone : 310-548-7420

Address : 1450 N. Avalon Blvd., Wilmington 90744

Web : www.laparks.org/aquatic/year-round

Email: banning.pool@lacity.org

Instagram : [banning.pool.lacityparks](https://www.instagram.com/banning.pool.lacityparks)

LEARN TO SWIM PROGRAM

- Registration Cost: \$10 for Youth
- Register in-person and online (www.swimla.org).
- No telephone registration.
- Lessons Available for ages 3 and up
- Lessons are 25 minutes in length.
- Fees must be paid at the time of registration.
- Payable by: Cash, Check, or Visa & Mastercard
- Make checks payable to:
L.A. City Department of Recreation and Parks
- All refunds will be assessed an administration fee of 10%
- Classes may be subject to cancellation and/or changes.
- A swim assessment is required prior to registration
- No refunds unless a session is canceled



For a description of all Learn to Swim Levels you can visit: <https://www.laparks.org/aquatic/learn>



REGISTRATION DATES

LEARN TO SWIM

Series #1.....Saturday, January 4.....9:00 a.m.
 Series #2.....Saturday, February 1.....9:00 a.m.
 Series #3.....Saturday, March 1.....9:00 a.m.
 Series #4.....Saturday, March 29.....9:00 a.m.
 Series #5.....Saturday, April 26.....9:00 a.m.



SWIM LESSON LEVEL & TIME

YOUTH LESSONS Ages 3 - 17

TUESDAY & THURSDAY

(Level 4)Intermediate.....4:05 p.m. - 4:30 p.m.
 (Level 3)Adv. Beginner.....4:05 p.m. - 4:30 p.m.
 (Level 2)Beginner.....4:35 p.m. - 5:00 p.m.

WEDNESDAY & FRIDAY

(Level 1)Water Conf.....4:05 p.m. - 4:30 p.m.
 (Level 5)Swimmer.....4:05 p.m. - 4:30 p.m.
 Pre-school Aqua #3.....4:35 p.m. - 5:00 p.m.

SATURDAY & SUNDAY

Pre-school Aqua #1.....12:35 p.m. - 1:00 p.m.
 Adaptive.....1:05 p.m. - 1:30 p.m.
 Beginner.....1:35 p.m. - 2:00 p.m.



SWIM LESSON DATES

SERIES 1

Tuesday & Thursday.....January 7 - 30
 Wednesday & Friday.....January 8 - 31
 Saturday & Sunday.....January 4 - 26

SERIES 2

Tuesday & Thursday.....February 4 - 27
 Wednesday & Friday.....February 5 - 28
 Saturday & Sunday.....February 1 - 23

SERIES 3

Tuesday & Thursday.....March 4 - 27
 Wednesday & Friday.....March 5 - 28
 Saturday & Sunday.....March 1 - 23

SERIES 4

Tuesday & Thursday.....April 1 - 24
 Wednesday & Friday.....April 2 - 25
 Saturday & Sunday.....March 29 - 20

SERIES 5

Tuesday & Thursday.....April 29 - 22
 Wednesday & Friday.....April 30 - 23
 Saturday & Sunday.....April 26 - 18



PLAYLA TEAM SPORTS

PLAYLA Swim Team



PLAYLA is a USA-sanctioned Swim Team designed to provide Athletes, Parents and Coaches with enhanced training and educational resources. This program will offer high-performance training to qualified athletes ages 7-17 years old. Athletes will be instructed by USA Swimming certified coaches to develop their competitive skills in all strokes, with enhanced workout times and dryland training. All athletes must qualify for the program.

Workouts

Tuesday – Friday.....6:30 p.m. - 8:00 p.m.
 (Dry Land workouts will begin 15 minutes prior to swim)

Registration for Spring Sports - March 1, 2025

WATER POLO

Workouts

Wednesday, Friday....5:00 p.m. - 6:15 p.m.
 Saturday.....10:00 a.m. - 12:00 p.m.



ARTISTIC SWIMMING

Workouts

Tuesday & Thursday.....5:00 p.m. - 6:15 p.m.
 Sunday.....10:00 a.m. - 12:00 p.m.

The PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games.